新编实用英语（第四版）

视听说高级教程

教师参考书

高等教育出版社
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Key to Video Activity Book

episode 1

WARM-UP
The words you need
1. illegal
2. celebration
3. banned
4. candles
5. fireworks

NOW WATCH
1. a
2. b
3. c
2. 1. Samantha Roberts
   2. a bonus question / the last question
   3. customs
   4. children
3. 1. b
2. c
3. a
4. 1. 1000 years ago.
2. At a Chinese restaurant.

FOLLOW-UP
The language you need (suggested answers)
1. A: do you usually stay, visit
   B: prefer, choose
   A: are you going
   B: am leaving
   A: love, never go
2. A: are you spending
   B: am surfing, am trying
   A: don’t you book, has
   B: know, prefer, love
3. A: are you doing
   B: am chatting
   A: does he come
   B: lives, is helping

Oral practice (suggested answers)
1. A: What type of vacation does Patricia prefer?
   B: She likes sightseeing vacations.
   A: What does she usually do while on vacation?
   B: She usually sees the sights, goes to museums and visits archaeological sites.
   A: What is she doing now?
   B: She’s taking pictures.
2. Open exercise

episode 2

WARM-UP
The words you need
1. industry
2. entertainment
3. trade
4. ice-skating rink
5. pond
6. fountain
7. steamship

NOW WATCH
1. 1. Broadway Avenue
   2. Central Park
   3. Empire State Building
   4. George Washington Bridge
   5. Statue of Liberty
   6. Times Square
   7. Washington Square Park
2. 1. business, communication
   2. 1898
   3. steamships
   4. The Statue of Liberty
3. 1. Its (Art Deco) style.
   2. The world’s busiest bridge.
   3. Fancy hats and clothes.
   5. Important people (like presidents).
4. 1. The Federal Hall National Museum used to be the customs house.
   2. George Washington is called the father of the nation.
   3. In the summer, people swam in the fountain in front of the Arch.
   4. Singers and dancers entertained the crowds in Washington Square Park.

FOLLOW-UP
The language you need (suggested answers)
1. A: Did you like
   B: was
   A: Did you learn
   B: did, taught, used to be / was stopped, had
2. A: Did you finish, bought
   B: did, loved, Did you know, gave
   B: got
3. A: did they go
   B: stayed, had
   A: used to spend / spent, was
Oral practice (suggested answers)
A: What was your project about?
B: It was about Native Americans and their totems.
A: Where did you find the necessary information?
B: I found it at the school library and on the Internet.
A: Who did you do the project with?
B: I did it with my classmates Ken and Sam.
A: How long did it take you to finish?
B: It took us a week to finish.
A: Who presented the project in class?
B: All three of us presented it.
A: What did your teacher say?
B: She congratulated us.

episode 3
WARM-UP
The words you need
1. get involved
2. get separated
3. close call
4. cause
5. fund-raising event
6. current
7. renovate
8. bend
9. kayak
10. boulders

NOW WATCH
1. b
2. c
2. 1. Last Saturday / May 4th.
3. Next spring.
4. Two (famous / popular) actors.
3. 1. No
2. Yes
3. Yes
4. No
4. 1. river
2. event
3. first
4. love
5. 4, 2, 5, 3, 1

FOLLOW-UP
The language you need (suggested answers)
1. A: Did you enjoy
   B: were camping, changed
2. A: did you hear, went
   A: was rowing, saw, decided, looked, hit, fell, broke
3. A: happened
   B: was getting, rang, said, asked
   A: did you do
   B: arrived, was making, climbed, picked, was climbing, jumped, ran, got, was sitting
4. A: was sitting, fell, forgot, got
   B: did you do
   A: went, bought, went
5. A: were, came
   B: was playing, went
   A: Did you win
   B: lost, was winning, improved, beat

Oral practice (suggested answers)
A: What were you doing when your car broke down?
B: I was driving to my house.
A: What did you do?
B: I tried to fix it but I couldn’t so I called a mechanic.
A: What were you doing when you saw a shooting star?
B: I was sitting in my backyard.
A: What did you do?
B: I made a wish.
A: What were you doing when it started raining heavily?
B: I was walking downtown.
A: What did you do?
B: I ran to the closest coffee shop and waited till it stopped raining.
A: What were you doing when your friend called you on your cell phone?
B: I was watching a basketball game on TV.
A: What did you do?
B: I answered the phone and told him to call me back later.

episode 4
WARM-UP
The words you need
1. condition
2. concerned
3. requires
4. medical
5. operation
6. surgeon

NOW WATCH
1. Ms. Hill: colleague
   Mrs. Richards: patient
   Mr. Jones: friend
2. 1. At Memorial Hospital.
2. Dr. Susan Hill.
3. She was in a (terrible) car accident.
4. (He had to) operate on her (immediately).
3. 1. False
2. True
3. True
4. False
4. 1. better (and better)
2. an operation
3. his job
4. a job interview
5. b
FOLLOW-UP
The language you need (suggested answers)
1. A: who
   B: brave, best, most important
2. A: easiest
   B: most adorable, that
   A: naughtier, older, which
3. A: latest
   B: good
   A: who, more, that, whose, worse

Oral practice (suggested answers)
A: When did you arrest the robber?
B: At 9:30 this morning.
A: Who helped you?
B: Nobody. I was all alone. My colleague had stayed outside the bank.
A: Who called the police?
B: The bank manager.
A: Did the robber have a gun?
B: Yes, he did.
A: How many hostages were there?
B: Ten.
A: How did you manage to arrest the robber?
B: First I tried to calm him down and then I managed to grab his gun.
A: What was the most dangerous moment?
B: When I finally grabbed his gun.
A: Do you feel like a hero?
B: No, I just did my duty.

episode 5
WARM-UP
The words you need
1. delight
2. setting up
3. anniversary
4. collection
5. hardly any
6. put together
7. arrangements

NOW WATCH
1. b
2. 1. For 30 years.
   2. In college.
   3. Two.
   4. His (wonderful) sense of humor.
3. 1. works of art
   2. Japan
   3. her own business / a business (selling works of art)
4. advice
5. from home
4. 1. A cake.
   2. A bouquet of flowers and a (beautiful) necklace.
   3. (sitting on the sofa and) watching TV / their favorite TV show

episode 6
WARM-UP
The words you need
1. mental
2. meditation
3. workout
4. balance
5. concentration
6. principles
7. mind
8. physical
9. muscles
NOW WATCH
1. T
2. T
3. F
4. F
5. T
2. They can’t keep you fit and interested at the same time.
3. They are too tiring, boring or difficult.
3. body and mind
2. stress
3. exhausted
4. flexibility / strong muscles / balance
5. clearer thinking / improved concentration / a relaxed mind
2. How to control our breathing.
3. Fresh air.
4. A (practice) mat.

FOLLOW-UP
The language you need (suggested answers)
1. A: going to have to
   B: want / need
   A: want / need / have
   B: want / need
2. A: mustn’t, have to
   A: needn’t / don’t have to / don’t need (to)
3. A: must / have to
   B: must / have t
   A: need (to) / have to
4. A: would have to
   B: had to / must / need to
   A: have to / must / need
5. A: need (to) / have to
   B: want / need
6. A: have to / must
   B: have / need
   A: have / need

Oral practice (suggested answers)
A: What time do they have to go to bed?
B: They have to be in bed before 10 o’clock.
A: Do I have to clean the house?
B: You don’t have to clean the house but you have to clean the kitchen.
A: What should I do in case of an emergency?
B: You must call me on my cell phone.
A: What should I do if the children start fighting?
B: You must send them to bed.

episode 7
WARM-UP
The words you need
1. ecosystems
2. mammals
3. grasslands
4. regulations
5. herds
6. features
7. square miles

episode 8
WARM-UP
The words you need
1. adapted
2. forms
3. loss
4. sudden
5. harsh
6. shadow
7. spines

FOLLOW-UP
The language you need (suggested answers)
1. A: I am going to transform, were, would give
   B: Are you going to do
   A: will be planting,
   B: will have finished, will be
2. A: will answer, will happen, become
   B: will melt, will suffer
3. A: will be
   B: won’t be, don’t protect, will have disappeared

Oral practice (suggested answers)
A: What will happen if we keep destroying our forests?
B: The quantity of the oxygen will become less.
A: What will happen if the earth’s temperature keeps rising?
B: The ice of the Arctic regions will melt.
A: What will happen if we continue to throw oil into the seas?
B: This oil will cover the surface of the oceans and kill all living creatures.
A: What will happen if we keep using more fuels than in the past?
B: We’ll increase the poisonous gases in the atmosphere.
A: What will happen if we don’t protect the animals’ natural habitat?
B: Many species will become extinct.
NOW WATCH
1. F
2. T
3. F
4. T
2. 1. 25%
2. ice, snow
3. temperature
4. storms
5. over 13
3. 1. Winds and mountains.
2. Sand storms.
3. 20%.
4. A rain shadow.
5. (Strange and wonderful) Rock formations.
4. 1. Plants in deserts can go without fresh water for a long time because they are specially adapted.
2. The long roots of the plants help them reach underground sources of water.
3. Their fleshy stems and leaves help them store large amounts of water.
4. The camel is one of the animals that can survive in a harsh climate.
5. The camel can go without food and water for nine days because it stores fat in its hump and water in its stomach.
6. It is said that one sixth of the earth’s population lives in deserts.

FOLLOW-UP
The language you need (suggested answers)
1. A: The, an, / 
   B: The, the, the
   A: The, /, /, /, a, /, /, a, the
2. A: the
   B: the, /, /, /, /, a, The, a
3. A: a
   B: a
   A: a
   B: /, a, the, a, the

Oral practice (suggested answers)
A: What’s your favorite animal?
B: It’s the kangaroo.
A: Where do kangaroos live?
B: They live in forests and grasslands of Australia.
A: What do they eat?
B: They eat plants.
A: What do they look like?
B: They have long ears, long thick tails, short arms and big feet.
A: What can they do?
B: They can hop very fast and kick really hard.

episode 9
WARM-UP
The words you need
1. dropped in
2. fallen behind with
3. on call
4. get through

episode 10
WARM-UP
The words you need
1. totally
2. spread
3. warehouse
4. broke out
5. caught fire
6. scene
7. fire engine
8. fire department
3. b
4. 1. wind
   2. four
   3. on the scene
   4. (flaming) house
   5. safety
5. 1. smoke
   2. forest
   3. tires
   4. minor

FOLLOW-UP
The language you need (suggested answers)
1. B: was / is supposed, have just been informed, has been delayed, be cancelled, happens
   A: are usually compensated, be arranged
2. B: were trapped, stopped, was finally repaired
   A: Was anyone injured
   B: Were taken, were allowed
3. A: be defined
   B: are attached
   B: rides, is called
   A: were introduced
   B: was made

Oral practice (suggested answers)
A: A warehouse in Brooklyn was destroyed by fire last night.
B: Really? Was anyone hurt?
A: No, the warehouse had been abandoned for years.
B: How were the authorities notified?
A: Smoke was seen coming out of the building and the fire brigade was called.
B: And did the firefighters arrive in time to put out the fire?
A: Yes, they arrived quickly and lots of water was poured over the flames.
B: Did the fire spread?
A: No, thankfully it was put out before it could spread.
B: Does anyone know how the fire was caused?
A: No, the authorities are not sure how it was started but arsonists are suspected to be behind it all. The matter is still being investigated and we hope the person to blame will soon be found and punished.

episode 11
WARM-UP
The words you need
1. managing director
2. are held
3. efficiently
4. financial
5. closely
6. impression
7. smoothly
8. dedication

episode 12
WARM-UP
The words you need
1. process
2. single
3. resulted in
4. capable
5. microchip

NOW WATCH
1. 1. receptionist
   2. employee (financial advisor)
   3. personal assistant
   4. managing director
2. 1. F
   2. T
   3. T
   4. F
   5. F
3. 1. important clients
   2. competitive
   3. closely
   4. appointments
4. 1. personal assistant (X) — receptionist (√)
   2. Randy (X) — Robert (√)
   3. announcement (X) — presentation (√)
   4. clients (X) — employees (√)

FOLLOW-UP
The language you need (suggested answers)
1. A: to stop, commuting, start, working
   B: Working, save
2. A: to waste, waiting, spend, to work
   B: being, hurry, to go
3. A: to buy, to start, buying, help
   B: Buying, to look, to buy, find

Oral practice (suggested answers)
A: Well, working from home offers me greater flexibility.
B: Yes, I can understand what you mean. But don’t you find staying at home all day boring?
A: Sometimes but being able to manage my day is a great advantage for me. If I need to go to the shops for example, it’s no problem.
B: Yes that’s true, but I like working with people as you can socialize and have fun with your colleagues.
A: That’s true, but I avoid spending time commuting to and from work each day, which gives me more time to see my friends when my work is finished, so I think I socialize more than people who work in offices!
B: But you don’t learn as much when you work on your own. I like working in an office as it forces me to work as a team and encourages greater cooperation.
A: You’re right there, but sometimes time can be wasted trying to reach agreements in offices, at least when you work from home, decisions are made more quickly.
6. interact

**NOW WATCH**

1. 1. b  
   2. a  
   3. a  
2. 1. Collecting and storing information.  
   2. Because they were very big and expensive.  
   3. For man to land on the moon.  
   4. Computers had to be made powerful and light enough to be carried to the moon.
3. 1. technological  
   2. Portable  
   3. powered  
   4. convenient
4. 1. expected (X) - didn’t expect (√)  
   2. small chips (X) - a small chip (√)  
   3. do not store (X) - do not only store (√)  
   4. processing (X) - communication (√)
5. 1. F  
   2. F  
   3. F  
   4. T

**FOLLOW-UP**

**The language you need (suggested answers)**

1. A: shouldn’t, could  
   B: may  
   C: should
2. A: shouldn’t  
   A: could  
   B: should
3. A: should  
   B: might  
   A: can’t, can’t  
   A: could  
   C: should

**Oral practice (suggested answers)**

A: I lied to my best friend and now he will not talk to me.  
B: You shouldn’t have lied to him. You should have told him the truth.  
A: I was afraid he might not have understood.  
B: A true friend would understand.

A: I spent all my money on clothes and now I can’t pay my bills.  
B: You could have paid your bills and bought clothes next month, why didn’t you wait?  
A: I was worried that the sales would have finished by next month.  
B: You should have been more careful.

A: I was very tired but I still drove home all alone.  
B: That was dangerous. You could have fallen asleep whilst driving!  
A: I thought I would be OK because I played loud music to keep me awake.

B: You could have called your sister. She might have wanted to share a lift with you.  
A: Oh no! Then I would have to listen to her talking all the way home!  
A: I took some medicine without consulting a doctor first.  
B: That is so irresponsible! You might have put your health in danger! Are you feeling OK?  
A: Oh yes, I’m fine. It was medicine I have taken before. You needn’t worry.  
B: Yes, but it might have been the wrong medicine for the illness you have now, you really should have asked the doctor.  
A: I would have asked him but there were no available appointments when I called yesterday.  
B: You could have been more patient!

A: I drank so much coffee I could not sleep at night.  
B: You should have tried reading a book to make you sleepy.  
A: I would have but I couldn’t find my book. I think I might have left it on the bus.  
B: Anyway, you shouldn’t have drunk so much coffee, you could have had a herbal tea instead. Then you wouldn’t have had any problems sleeping.  
A: You are right. I should have thought of that.

**episode 13**

**WARM-UP**

**The words you need**

1. commercial airline jet  
2. fighter jet  
3. whatever  
4. ultimate  
5. stunt  
6. inspiration  
7. space

**NOW WATCH**

1. 1. A  
   2. A  
   3. B  
   4. B  
   5. A  
2. 1. Since he was a child.  
   2. A (fighter) pilot.  
   3. His father.  
3. 1. NM  
   2. T  
   3. T  
   4. F  
   5. NM  
4. 1. (ultimate) dream  
   2. human nature  
   3. walk again  
   4. (conventional) airplanes / planes  
   5. reach the sky
episode 14

WARM-UP
The words you need
1. complimentary
2. reasonable
3. fancy
4. arrangements
5. wedding gown

NOW WATCH
1. Check: 1, 3, 4, 5, 7
2. 1. people planning to get married.
   2. (special) vacation package.
   3. a weekend.
   4. (complimentary) meals.
3. 1. F
   2. T
   3. F
   4. T
   5. F
4. 1. Culture.
   2. Its (spectacular dancing) fountains.
   3. Once a month.
   4. Local artists and musicians.
   5. Its reasonable price.

FOLLOW-UP
The language you need (suggested answers)
1. A: hadn’t been, wouldn’t have lost
   B: hadn’t been, would have had
2. A: had locked, wouldn’t have gotten
   B: would have finished, had told
3. A: had ordered, would have been
   B: would have finished, had told
4. A: had worked, wouldn’t have told
   B: had done, would have realized

Oral practice (suggested answers)
A: If I hadn’t traveled by airplane I would not have made it to the wedding in time.
B: Yes, but if you had left earlier, you could have traveled by car.
A: If I had traveled by car, I would have been very tired from such a long journey.
A: If Frank had worn a helmet whilst riding his motorcycle, he would not have been so seriously injured in the accident.
B: Yes, and if he had driven more carefully, he would not have had an accident in the first place.
A: That’s true but...
A: If I had not taken up yoga, I would not have met my husband who went to the same gym as me.
B: Yes, and if you had not met your husband, you wouldn’t have moved to London.
A: That’s right, and if I hadn’t moved to London, I would not have improved my English so much.
B: So yoga helped your English!
A: If I hadn’t sold my motorcycle, I would have gone to the coast for the weekend.
B: Yes, but if you hadn’t sold your motorcycle, you wouldn’t have bought your new computer.
A: Yes, that’s true, and if I hadn’t bought my new computer, I wouldn’t have completed the project in time.

Tell us, Peter. What would you wish for and why?
B: Let me think, Alex. Well, I wish I owned a yacht because I love sailing.
A: What about you, Norman? What would you wish for?
C: I wish I had a country house up in the mountains because I like being close to nature.
A: It’s your turn, Martin. What would you wish for?
D: Well, I wish I could travel all around the world, because I’m keen on travelling.
A: Now, you, Teddy. Tell us what you would wish for.
E: If only I didn’t have to work anymore! I feel so tired and stressed. But, Alex, you didn’t tell us about you.
A: Well, I wish I were a millionaire, because I could have everything you all wished for!
episode 1

Len: Good evening, ladies and gentlemen and welcome to Quiz Time, the quiz show with the biggest money prizes. Today our lucky participant is Samantha Roberts. Hi, Samantha. How are you today?

Samantha: I’m feeling really lucky, Len! I can’t believe I managed to get through.

Len: Well, it looks like this is your lucky day! You know how things work, right?

Samantha: Umm... I think so!

Len: Well, maybe we should recap anyway. You get $10,000 for each correct answer. The last question is a bonus question, answer it and you double your money. If you give a wrong answer at any point of the game, you lose everything. So, are you ready for your first question?

Samantha: I think so...

Len: The category this time is customs. Where did the custom of putting candles on top of a birthday cake start? Is it Germany, Sweden or Finland?

Samantha: I can’t believe my luck, Len... I’m reading a book about birthday customs these days. Candles on cakes go back to the [Kindertest] which was an 18th century German birthday celebration for children. So the answer is Germany.

Len: Congratulations, Samantha! You’ve just won yourself $10,000. Your next question is about the use of fireworks. Which one of the following states has banned consumer fireworks completely? Is it South Carolina, California or New York?

Samantha: Well, I know that California has restricted the use of fireworks to those that do not leave the ground, so that’s not a total ban... now is it? Now, South Carolina, um... my cousin lives there and she had fireworks at her wedding, so they can’t be illegal... it must be New York! Yes, I’m sure it’s New York!

Len: Well, well, well it seems it’s your lucky day today! You’ve just won yourself another $10,000. That’s $20,000 in total. Now, for the next question... oh, we have another one about fireworks. This time I need you to tell me who invented firecrackers. Was it an Australian, a French person or a Chinese person?

Samantha: Um... I’m guessing it’s a Chinese person.

Len: Good guess, Samantha! It was a Chinese monk named Li Tian. He invented firecrackers 1000 years ago and the Chinese people celebrate his invention every April. We are now moving on to the bonus question, which gives you the opportunity to double your money.

Samantha: I hope it’s a question I can answer.

Len: Well, let’s see. The bonus question is about fortune cookies. The question is, where were the first fortune cookies made? Is it Thailand, China or Japan?

Samantha: Oh, that’s easy! The answer is China. I go to this amazing Chinese restaurant with my husband and they always give us fortune cookies at the end of our meal.

Len: Are you sure you don’t want to think about it a little more? This is the bonus question we’re talking about. Do you realize that if you answer incorrectly you will go home with nothing?

Samantha: I know... but I’m sure! It’s China.

Len: Unfortunately, you’re wrong! The correct answer is Japan. I’m sorry, Samantha but there is no money prize for you. However, you win a fabulous Japanese cookbook.

episode 2

The twentieth century was a time during which important developments took place all over the world changing the way many people lived. New York played an important role and became a world center for industry, business, culture and communication. In 1888 it was divided into 5 areas, known as boroughs, of which Manhattan Island is the oldest, biggest and most populated. Manhattan Island lies between the Hudson River and the East River. The port on the East River grew quickly with the invention of steamships, and this created an increase in trade. It was then one of the most important channels in the world. On an island in the Hudson River stands the Statue of Liberty, which can also be seen from Manhattan. It has become a symbol of freedom and democracy all over the world. Other well-known landmarks are the Empire State Building, which used to be the tallest building in the world, the Chrysler Building, known for its Art Deco style, and the George Washington Bridge, which links Manhattan with New Jersey and is the world’s busiest bridge. St. Patrick’s Cathedral is also an important landmark and is admired for its Neo-Gothic style. Thousands of people used to go there on Easter Sunday and take part in a parade wearing fancy hats and clothes. They even went as far as to dress their pets. This tradition goes back to the 1800s and is still celebrated today. Broadway Avenue also played an important role in celebrations. The Ticker-tape Parades took place there, and still do, but not as often. Lots of shredded paper was thrown from buildings onto the parade. It was done on special occasions to honor important people, like presidents. Another historic landmark is the Federal Hall National Museum, which used to be the customs house. It is well known for the beautiful statue of George Washington that stands right outside the building. He is one of the most important people in American history and is called the father of the nation because he was the first president of the United States. The Arch found at Washington Square Park was also built to honor him. In the summer, the locals used the fountain in front of the Arch as a pool. The park was a place where people used to go to have a relaxing afternoon or evening. It was also a place where you could see artists, singers and dancers entertaining people. Central Park, which is right in the heart of Manhattan, was also very popular. It is one of the world’s greatest parks because it is so big and there are so many different kinds of plants there. It was, and
still is, a great place to get away from your problems, both in the summer and in the winter. Its attractions include man-made lakes and ponds, two ice-skating rinks and the Central Zoo, which is a newer version of the first one that opened in the 1860s. But this was not the only entertainment available. A section of Broadway near Times Square, known as “The Great White Way” because of its bright lights, allowed people to watch theatrical performances and musicals. The twentieth century was when New York came to be called “The City that never Sleeps”!

episode 3

This is Kevin Woods reporting on an adventurous fund-raising event that took place last Saturday, May the 4th. Those who took part had to go down a river in a kayak. The event was organized by Action for Children and the money that was raised went towards renovating a children’s home. It was a huge success and this is why a similar event is being planned for next spring as well. Many famous people took part in the event, among them Mike Finch and Sally Bolton, two actors who are very popular with teenagers. They decided to take part to show young people how important it is to do things for other people. In an interview after the event Sally told us a little bit about their experience. This is what she said.

“Mike and I are really happy that we took part in this event, and if one is organized next spring, we’re definitely going to take part in it again. It was for a good cause so it was definitely worth it. Besides getting involved ourselves we hope to get through to our fans so that they realize that there are lots of things that we can do to help people who are not as lucky as ourselves.

The event took place on a nice Saturday morning. Mike and I drove to Greenwood National Park and carried our kayaks to the river, where lots of people were gathering to see the event. To make sure that everyone went down the river safely we took turns. Mike and I were the first to go. We were looking forward to it as both of us love this adventurous and dangerous sport.

We set our kayaks in the river and before long we were in the current. At first we had to go through a part of the river with lots of boulders and that wasn’t always easy. As Mike was going through that part, he almost hit a boulder but he managed to avoid it and continue. I must say that we had a few close calls! As we were going down the river, the current was getting stronger and I was separated from Mike for some time. Fortunately, by the time I reached him, the river was calm again. That was the last difficult bend of the river. After that was the final and easiest part of the journey. Anyway, we spent the whole morning rafting and it was really great!”

episode 4

Meet Dr. Philips. He’s a surgeon at Memorial Hospital. Dr. Philips works all hours of the day and night.

Dr. Susan Hill, who is a colleague of his, will tell you that he is the most caring and hardworking doctor that she has ever met.

This morning a woman who was in a terrible car accident was taken to the hospital in an ambulance. Dr. Philips, who was on duty, had to operate on her immediately.

However, when he is not faced with an emergency, Dr. Philips prefers to discuss with his colleagues what the best treatment for a patient might be.

Sometimes a patient may not need an operation. Their condition might simply require them to take some medication. Dr. Philips feels that sometimes it is better for a person who is very old or whose heart is not very strong to avoid having an operation.

Dr. Philips often has to make some difficult decisions which sometimes determine if a patient will live or die. That is why some days are more stressful than others.

When he is not in surgery, Dr. Philips is always visiting his patients trying to encourage them and make them feel better. This is Kelly Richards, a patient of his. Dr. Philips is happy to see that her condition is getting better and better by the day.

Her husband is also happy to hear that his wife’s operation was a success. But because he recently lost his job, he is really worried about how they are going to pay all the medical bills.

Once again, though, Dr. Philips, who always takes a great interest in his patients’ lives, is talking to a friend David Jones trying to arrange a job interview for Mr. Richards.

David is always amazed to see how concerned and how far Dr. Philips will go to help out his patients.

There are few people in the world whose main concern is to help save people’s lives or at least to make a difference in people’s lives. Dr. Philips is one such person and that is why he is a modern day hero for me.

episode 5

Kitty and Ed Bryant are a loving couple and have been happily married for thirty years. They met when they were in college and got married soon after finishing their studies. They have raised 2 children, who are away at college. Their relationship has grown stronger and stronger over the years. They have so much in common and enjoy the same hobbies and activities. Kitty also believes that Ed’s wonderful sense of humor has played an important role in keeping them happy.
Their favorite hobby is collecting works of art. They have been doing this ever since they got married and have managed to put together quite a collection. Their favorite piece is this vase, which they bought in Japan and have had for two years. Kitty is so interested in works of art that she has decided to start her own business selling them. It will take a lot of work setting up the business but she is confident that she will manage just fine with Ed by her side. When she has an important decision to make, Kitty turns to him for advice. They have spent a lot of time talking about what she should do. They have decided that she should work from home and they have been working very hard to make the necessary arrangements. Today it’s their wedding anniversary and as Kitty has always been interested in baking, she is now making a cake to surprise her husband. However, Ed surprises her first and gives her a bouquet of flowers. Ed has another surprise for Kitty that he has been saving for some time now. He gives her a box which she opens with delight. Then he puts a beautiful necklace around her neck. Kitty always appreciates anything her husband gives her and she thanks him for this wonderful gift. It has been a lovely day for both of them and what better way to finish it than by sitting together on the sofa and watching their favorite TV show.

**episode 6**

Are you one of those people who is having difficulty finding an activity that can keep you fit and interested at the same time? Have you tried conventional types of exercise and found that they are not for you? Do you perhaps find them too tiring, boring or difficult? Well, you needn’t lose hope because there are other types of exercise that might be suitable for you. One such type of exercise is Hatha Yoga. It began in the East, where it is used to prepare the body for meditation. Hatha yoga tries to balance the body and mind. It does this through the use of physical postures or asanas, breathing exercises, relaxation and meditation. Over the years, Hatha Yoga has become more and more popular in the Western world. Here it is mostly practiced for mental and physical health. It has become well-known for its ability to reduce stress and help people relax. Some people in the west may believe that it is only for women and old people, but it is actually ideal for people of all ages. Yoga is a gentle practice which won’t make you feel exhausted, but it can give you a good workout if you do it regularly because you use almost every muscle in your body. The physical benefits include flexibility, strong muscles and balance, while the mental benefits include clearer thinking, improved concentration and a relaxed mind. One of the most important principles of Yoga is Pranayama or breathing exercise. Because breathing is something we do naturally, we might believe that we do not need to think about it. In fact, it’s the opposite, we must think about it. That’s because stress and anxiety, caused by our modern lifestyle, have affected the quality of our breathing. Most of us are, in fact, taking breaths that are too fast and not deep enough. This way our bodies do not get enough oxygen. Pranayama teaches us how to control our breathing, which reduces stress, helps the body function well and provides us with lots of energy. Hatha Yoga is often practiced inside but when it is, there must be fresh air in the room because the physical postures help your body remove toxins, and fresh air is needed for you to have the best possible workout. However, if you would rather not be confined within four walls, you can do yoga outdoors. The natural environment is ideal for clearing your mind and doing your breathing exercises. What’s more, Hatha Yoga must be one of the cheapest ways to get a total workout. No equipment is necessary, but you had better have a practice mat if you don’t want to end up gathering all the dust on the floor. If you haven’t tried it, you must. It’s most probably what you’ve been looking for.

**episode 7**

Ah, the great outdoors! And what better place to experience the beauty of nature than right here at Yellowstone National Park, the first national park in the world. Located in the heart of the Rockies and covering an area of 3,468 square miles, Yellowstone has many types of ecosystems. Here one can see forests, canyons, lakes and beautiful rivers. Few places in the world offer so much scenic and scientific interest in one area. Yellowstone is also known for its wildlife and its many geothermal features such as this geyser we see here throwing up hot water and steam. Remember to stay back, though. If you get too close to the geyser, the hot water may burn you.

Hundreds of species of mammals, birds, fish and reptiles can be seen at Yellowstone, including some that are endangered or threatened. Grizzly bears, wolves, deer, and large herds of bison and elk live in the park. The vast forests and grasslands provide plenty of food for everyone. Park regulations require you to stay at least 25 yards away from wildlife, but if I were you, I’d stay even further especially when a mother is feeding its young.

Another interesting feature of Yellowstone is its waterfalls. There are more than 290 waterfalls, the highest being the Lower Falls of the Yellowstone River at 308 feet. It is twice the height of Niagara, and the many hiking trails in the park lead to great viewing spots where you can sit, relax and listen to the roar of the falls. Here we can also see the huge Grand Canyon of the Yellowstone which the river has created. It is from 8 to 1,200 feet deep and 20 miles long. You will be amazed by its size and beauty!

No matter what you’re looking for, wildlife, exotic and rare plants or just fresh air, you’ll find it all at Yellowstone National Park.

**episode 8**

One of the interesting geographical features of our planet are the deserts. Deserts cover almost one quarter of the earth’s land surface. A fact about deserts that is not widely known is that there are different kinds of deserts. Some are large, hot areas of rock and sand and some are always cold and may be covered in ice or snow.

Hot deserts usually have very high temperatures during the day and very low temperatures during the night; the temperature even drops to below 32º Fahrenheit in winter.
They receive very little rain or no rain at all for very long periods of time. They also experience sudden violent storms that cause flooding but these do not take place very often and when they do, the water quickly disappears. The largest hot desert is the Sahara in northern Africa, which covers parts of over 13 countries. It reaches temperatures of up to 122º Fahrenheit during the day.

Winds play a very important role in creating hot deserts. Hot winds sometimes blow sand for hundreds of miles in great clouds called sand storms. When the sand is blown, it forms sand dunes. Some of these sand dunes are very large and can be larger than some countries. Desert sand dunes do not stay in one place, they slowly move forward and eventually cover anything that may be in their way. However, only about 20% of deserts are covered by sand dunes.

Mountains also play an important role in creating hot deserts because they may be so high that they do not allow rain clouds from getting to these areas. This is called a rain shadow. The Atacama Desert in South America is one of the few deserts that doesn’t receive any rain and one reason for this is the rain shadow created by the Andes mountains. Some deserts include mountain ranges. Mountainous deserts exist on most continents, including North America, Africa and Asia. Strange and wonderful rock formations may be found in deserts. They help to make the scenery mysteriously beautiful.

Although there are not many plants that can survive in a climate like the one found in deserts there are more than you would expect. These plants are specially adapted to survive. They may go without fresh water for a very long time. Some plants have adapted by growing very long roots that reach water buried underground. Other plants, such as cacti, have special ways of storing water and stopping water loss. They may have fleshy stems and leaves that store large amounts of water or spines instead of leaves to stop water loss. Many desert plants can live to be hundreds of years old.

When most people think of the desert, they think of camels. The camel is one of the best survivors in this harsh climate. It stores fat in its hump and enough water in its stomach for 9 days. However, there are many more animals that live in the desert. All these animals have found ways to save water, food and energy. Interestingly, although the desert is a difficult place to live in, more than one sixth of the earth’s population have made it their home.

**episode 9**

After the sun had disappeared behind the clouds, a sudden fog covered the city. After a few minutes, the fog lifted and the empty streets began to fill. It had been raining on and off for several days but this was common in the summer and people were used to it.

Gloria was about to go shopping when she realized her wallet was missing from her purse. She started calling on her cell phone all the places she had been to. Perhaps, she thought, someone had taken it from her purse during the fog. Not knowing what to do, she decided to call her husband to tell him what had happened. He always knew how to make her feel better. Unfortunately, she was told that she could not speak to him as he was in a meeting. The secretary told Gloria that she would tell her husband to get back to her as soon as possible.

After that, Gloria decided to call Trisha, her next-door neighbor, whom she’d seen in the morning. Perhaps she had left her wallet there when she dropped in to give Trisha a book she’d been wanting to read. Trisha’s husband, Jerry, answered the phone. He told her that Trisha had just left and that she would be back in an hour.

Gloria then called her sister, Rebecca. They had been out earlier for a cup of coffee and Gloria was hoping that she might have accidentally taken her purse. Rebecca had gone to the post office to pay some bills after they had had coffee but she had not come across Gloria’s wallet in her purse.

After saying goodbye, Gloria received a phone call from her brother, Jack, who has been working from home ever since his wife had a baby. He was calling to tell Gloria that they would not be coming over for dinner that night. His wife, who is a doctor, had been on call the night before and he had to look after the baby. He had fallen behind with his work and needed to get it done. They agreed to get together on the weekend instead.

It was getting late and Gloria needed to get home. She decided to call Shelley, the baby-sitter, to tell her that she was running behind schedule. Shelley had told her that morning that she would have to leave early because she had an appointment with her dentist. Naturally, she was upset to hear that Gloria would be late because she didn’t want to miss her appointment. To make it up to her, Gloria offered to give her a lift.

After a while, Gloria remembered she had been to the bank to cash a check. She didn’t have time to get to the bank before it closed. Fortunately, Gloria was able to reach her friend Stella, who was the manager of the bank. When Stella answered the phone, Gloria was greatly relieved to hear that her wallet had been found with all her money in it. The minute Gloria hung up, the phone rang. It was her husband. He had been told that she had called him and that she had sounded really upset. He had been trying to get through to her for quite some time but the line had been busy. He was anxious to find out what was wrong. Gloria told him what had happened. She also told him that their dinner plans had been canceled for that night. He told her not to worry about it and offered to take her out for dinner to her favorite Italian restaurant.

**episode 10**

This is Channel TV reporting on a major fire which firefighters have been battling against for the last two hours. There is danger that the fire will spread through the entire neighborhood and as you can see, the snow that fell last night has made things more difficult for firefighters.

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The house you can see on the screen has been entirely destroyed by the fire. The residents, Mr. and Mrs. Smith were lucky to make it out alive. Earlier, they told our reporter that they still can’t believe their luck. Mrs. Smith was taking her afternoon nap when the house caught fire. Mr. Smith was at the supermarket. When he got back, the house was in flames and full of smoke. Mr. Smith said that he knew that he was putting his life at risk but didn’t care. He just rushed into the house. He managed to find his wife but then realized that they were trapped and there was no way for them to get out. Fortunately, neighbors had informed the fire department, and help was on its way. The couple was saved by firefighters, Bill Renier and Patrick Kelly, who managed to get them out of the burning house just in time. The two firefighters, who are known for their bravery in the face of danger, are seen here taking a break after their heroic act.

Here you can see the wind has carried the flames to the neighboring house as well, and it looks like it too has been totally consumed by the fire. The residents of the house, a family of four, have been taken to safety. They were in the house when the fire broke out, but firefighters were already on the scene and they managed to get them out before their lives could be put in danger. The real hero this time is Jack junior, though, who is nine years old. He ran into the flaming house when nobody was looking to save his dog, Rockie, who was trapped inside. Both Jack junior and Rockie managed to get out safely. At the hospital earlier where they were taken after their rescue, Mrs. Roberts told Channel TV that this experience has made her realize how lucky she is and that all that matters is the safety of her family.

The fire apparently started in this tire warehouse and we can see the smoke rising as high as the eye can see. Additional fire engines have been called to the scene as a nearby forest is also in danger. Firefighters are working hard to put it out but are having difficulty because tires burn easily. Weather conditions are not helping the situation. It’s pretty windy at the moment and it’s hard for firefighters to get close enough to stop the fire from spreading uncontrollably. They are using all means available to them.

The road that goes through the area has been closed off to traffic because of the fire. Here we see a car whose driver panicked and lost control of it when he saw the fire. He was rescued by firefighters and has suffered only minor injuries.

Stay tuned to Channel TV for further developments.

episode 11

Wellington Financial Services is a pleasant place to work. It may be a large company but the people working there like to think of themselves as one big happy family. These talented and dedicated people are the reason for the company’s success. Even answering the phone is done in a warm and friendly manner. The receptionist, Brenda, knows that you get your first impression of a company from the voice on the other end. She knows how to do her job quickly and efficiently. Loretta, Ted and Randy all started at Wellington a year ago, and have just completed their training. They are all hard-working employees and instead of taking a lunch break, they often have lunch while they work. Randy has his own office now. He enjoys doing his job well and giving his clients the best possible advice. Ted and Randy often work together. They like to be informed on the latest developments in the financial markets. Staff meetings are held regularly, and everyone takes part in them. The managing director of the company is Robert Phillips. He is a very busy man and spends a lot of his time talking on the phone with important clients. He started working for this company twenty-five years ago. He has played a very important role in making the company a success. He says that success does not come easy and that it takes a lot of hard work and dedication to do well in such a competitive market. He works closely with his personal assistant, Gabby. Robert admits that he would not have been able to do so well if Gabby were not by his side. She makes sure that everything runs smoothly by booking his appointments, organizing his business trips and making all the preparations for his presentations. Gabby has her own success story. She has also been working for the company for a very long time. She started working there as a receptionist and gradually worked her way up. She considers herself lucky because she has a very good working relationship with Robert. After all these years they have become very good friends and he trusts her to get the job done. Today Robert is getting ready to make a very important presentation. The whole team has worked very hard preparing for it. Robert is sure that it will go well, and if it does, they will all go out and celebrate in the evening. That’s how Wellington Financial Services works. It aims to keep not only its customers happy but also its employees.

episode 12

When you go out to buy your next laptop, think about this:

It all started with the invention of the computer. The first computer was developed between 1940 and 1945. This invention was to be used for collecting and storing information. In the days before the development of the microchip, computers were big and slow. They were the size of a large room and used up as much power as several hundred modern personal computers. Because these computers were big and expensive, not many people had access to them. Who could have imagined then what a big effect computers would have on our lives?

Twenty years later, in the 1960s, a computer made it possible for man to land on the moon. Man could not have done this if developments had not taken place to make computers powerful enough and light enough to be carried to the moon. It was this kind of technology that prepared us for the computers we have today.

Technological developments that have taken place since then have resulted in nearly everyone having access to a computer. They are now a lot smaller and cheaper so everyone can afford to have one. Computers are found in work and home environments and they are used for business and entertainment purposes. Portable computers, like laptops, have made it possible for computers to be carried around as they are small and light, and they are powered by batteries. Some personal computers, like the
episode 14

Do you wish that you could visit Las Vegas? Well, if you’re planning on getting married in the near future then we have a special offer for you!

Continental Wedding Vacation Tours is offering a special vacation package to a world famous resort in Las Vegas. Book now and we will make all the arrangements for you! The package includes a weekend stay at the spectacular Flamingo Hotel, three complimentary meals at any one of the hotel’s restaurants, a choice seat at the Wayne Newton Theater for live entertainment and a wedding ceremony.

The wedding ceremony takes place at a Las Vegas Wedding Chapel that suits your needs, and you get a wedding gown of your choice along with flowers. If a photographer is requested, this can also be arranged. A wedding in Las Vegas is not only romantic but economical. Are you wondering why you hadn’t thought about it sooner?

As you may know, Las Vegas is a magical city of bright lights, action and fun. You will have more than enough opportunities to take in the sights and enjoy the attractions because the Flamingo Hotel, where you will be staying, is located on the Las Vegas Strip. This is one of the most popular destinations for tourists who wish to make the most of their trip.

But Las Vegas is not only about casinos, fancy restaurants and live shows. If you want some culture, then this is the place to be. The Bellagio Hotel, which is well-known for its spectacular dancing fountains, is putting on an exhibition of Impressionist paintings. There you will see all the great French painters. Plus, on the first Friday of each month, the “First Friday” celebration is held, which exhibits the works of local artists and musicians.

Visiting Las Vegas could be one of the most exciting and unforgettable experiences you’ll ever have. For those of you who wish you had enough money to go on a vacation package like this, now is your chance because all this... and even more is available at a very reasonable price! Call us now because if you don’t, you will end up wishing you had taken us up on this offer. Call Continental Wedding Vacation Tours NOW at 800 555-2121.

episode 13

Michael has had a passion for planes ever since he was a child. He loves everything that has to do with them, even putting together model planes. His dream, of course, is to become a pilot one day. But not just any kind of pilot; he wants to fly fighter jets and be able to pull off amazing air stunts. Where does Michael get his inspiration from? Well, from his dad. Mr. Miller, who you see here working out, used to be a pilot for the US army and he later went on to work for various commercial airlines. When Michael was a child, he would take him to the airport and they would stay there all day watching planes take off and land. On a few occasions, he would even take Michael with him on some of his flights. One of the airlines Mr. Miller worked for was TWA before it was bought by American Airlines. For Michael there was no feeling like flying. For Mr. Miller it was a good way to spend more time with his son. Mr. Miller has always believed that it’s important to spend as much time as possible with your children and to take an interest in their lives. If his own dad had not taken such a great interest in his life, he wouldn’t have become such a great pilot.

Mr. Miller’s ultimate dream, though, was to become an astronaut and explore space. Once, when he was asked why he wanted to become an astronaut, he said “well, it’s human nature to be curious and want to find out what’s out there.” If Mr. Miller had not been injured in a terrible motorcycle accident, he would have made his dream come true. Doctors at that time had said that he would never even walk again. Mr. Miller never gave up, though. He may not have become an astronaut but he continued to fly conventional airplanes. And one thing he tells his son all the time is that if you put your mind to it, you can do whatever you want, even reach the sky!