The Cradle of a Success



Step One Two

Vocabulary & Structure Skills Development Workshop Communication

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Three



place to study, which might be a library, a park, a coffee shop or even your own dorm. Be sure to avoid any areas with a lot of people. Read your textbooks carefully. Don't simply skim through the material quickly. You must make sure that you really understand what you are reading. Make a schedule of your daily classes, meals and other activities. Stick to this schedule as much as possible to ensure enough time for learning. Finally, take careful notes in your classes and create small cards to memorize information such as vocabulary terms for tests. You can take them out freely to review when you have a few spare minutes.

Practice 🕑

Keys: 1. disabled 2. Software Design 3. modern literature4. Alice herself 5. downtown

Scripts:

Alice is a disabled student at a college. She met an unexpected accident at the age of 12. She lost her right leg and has been in a wheelchair for 6 years. Alice is a bright girl who majors in Software Design. She likes to write poetry and stories in her diary so modern literature is her favorite course. Over the years, her school attendance record is almost 100 percent. "I don't have to tell her what to do," says her mother. "She looks after herself, physically and spiritually." Every Friday, Alice as a volunteer goes downtown to help run a youth club. She has traveled to Australia and Thailand during vacation with her friends. She does not feel she has missed anything apart from sports.

Practice 🚯



- Keys: 1. in- *n*. 洞察 3. en- *v*. 确保
 - 5. im- v. 移民
 - 5. in *v*. 小儿
 - 9. under- v. 承担
- **2.** un- *a*. 不受限制的

003

The Cradle of a Success

- 4. re- v. 复习
- 6. dis- v. 劣势/坏刘
- 8. mis-n. 误解
- 10. il- a. 违法的

Practice ④ Keys: 1. 课程 2. 一道菜 3. 申请 4. 适用 5. 学位/学历 6. 程度 7. 度/度数 8. 评估/衡量 9. 尺寸 10. 措施

Practice **(**

UNIT ONE

The Cradle of a Success

004

Keys:1. will be bound to2. be more responsible for3. succeed in4. are capable of5. based en

Practice **G**

Suggested keys:

- 互联网、报纸、电视以及你周围的人是最好的信息来源。上网搜索一下 你感兴趣的课程并了解其职业前景和其他信息,同从事你感兴趣职业的 人交流,了解相关情况来帮助你选择未来的职业。已完成大学学业的人 也可以从一个学生的角度给予你更加明智的建议,他们可以告诉你其中 的优劣。
- 选课时,经济承受能力是你需要考虑的另一个因素,可能严生的额外费 用如书本费、实地考察费等也应包含在内。然而,也不要让费用阴碍了 你未来职业的选择,因为你还可以通过各种项目资助来完成你的学业。

Practice **1**

Keys: 1. Tuition is different from college to college in U.S.

- 2. The cost of attending a college usually varies with the number of credits.
- 3. Tuition fees and expenses are subject to change withoutnotice.
- 4. Especially, the college is given the right to alter the amount at any time.
- 5. Therefore, it is important to make the cost clear before the new semester starts.
- 6. You have to make enough preparations to meet college expenses.

Practice 🕄

Keys:

1.



2.

Mr. Philip Roget UTI London Ltd. 28 Picadilly Circus London SW1 Y4 Great Britain

005

The Cradle of a Success

Ms. Margare Koehler Personnel Manager Webasto Romania SRL 34 Nicolas Ave. Bucharest, Romania

Step Three Workshop Communication



Practice 🛈

Suggeste	d keys:
faculty:	professor, associate professor, lecturer, assistant, supervisor,
	guest professor, undergraduate, graduate, freshman,
	sophomore, junior, senior
course:	compulsory course, optional / elective course
college:	academy, normal school, institute
degree:	bachelor, master, doctor (Ph.D.), post doctorate
activity:	academic activities, physical activity, recreational activity,
	social activity, social practice.

Practice **@**

Suggested keys:

As can be seen from the chart, the past 4 years have witnessed dramatic changes in the number of college students using cell phones in class from 2010 to 2013. In 2010, 86% of college students seldom or never used their cell phones in class, while the figure has dropped considerably to 23% in 2013. It is obvious from the chart that college students tend to prefer their cell phones in class rather than study.

I think the reasons are as follows. To start with, with the rapid development of economy and digital technology, college students are able to afford cell phone expenses. Secondly, college students can use cell phones to download, access and read course materials. What's more, in this competitive society, college students are usually under great stress. Cell phones with multifunction can bring them relaxation at any time. Last but not the least, students are awsre that phone use is frowned upon in class, but the main purpose of students looking at their phones in class is for time, texting, checking emails or social networks. They cannot resist the temptation of mobile phones.

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UNIT ONE

The Cradle of a Success

In my point of view, cell phones are a serious source of distraction in college class and a potential source of cheating. Using cell phones can adversely affect students' concentration in class. College students should be more attentive in class. It's high time that some effective measures be taken to solve this problem. Students are not allowed to take their cell phones into classroom. Teachers should make their classes more vivid to catch students' attention and try to increase 'students' engagement in class activities, which may be the possible solution to the phenomena.



007

The Cradle of a Success

Kk 1

Idling Your Spare Time





Vocabulary & Structure Skills Development Workshop Communication

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Practice ①

Keys:	1. C	2. B	3. A	4. A	5. D
	6. C	7. A	8. A	9. B	10. A
	11. C	12. B	13. C	14. D	15. A

Practice **@**

Keys:	1.	institutions	2.	being constructe	d	
	3.	booming	4.	has been shrinkin	ng	
	5.	height	6.	to bear	7.	requirement
	8.	accompanying	9.	technology	10.	are supervised
	11.	constantly	12.	recommended	13.	Eventually
	14.	be served	15.	will depart		

Step Two Skills Development

Practice ①

Keys: 1. option 2. language skills

4. listening skills 5. sample sentences

Scripts:

Have you heard of online movie rentals? If not, there might be

3. online

an option for you to increase your language skills and enjoy some entertainment at the same time. Some people have grown tired of going down to the video rental store to rent movies. 'Customers will rent movies online. Once you receive the movies, how can you improve your language skills with them? One idea to improve your listening skills is to watch the movies with the captions turned on and pause the movie when you see and hear new expressions. Then, think of some sample sentences for each word. Good luck!

Practice **@**

Keys:1. a paradise2. New York3. urban expansion4. 18735. thousands of touristsScripts:

Central Park was completed in 1873, which was designed to provide New York with a paradise. Now, it is located almost in the dead center of New York due to urban expansion between 59th and 110th streets. Central Park is very much a main part of the city's landscape. Apart from being an area of plants in the middle of a very busy city, Central Park has a cultural side, with public programs offered by the Central Park Committee. The park has featured in many films over the years and is also home to statues of famous people. The park attracts joggers, students and singers every day, as well as thousands of tourists who come to see the most famous urban park in the USA.

Practice 🕄

	Keys:	1er n. 股东	2ian <i>n</i> .监护人	
		3er n. 过山车	4ify v. 简化/省事	
		5less a. 无线的	6al a. 偶尔的	
		7ion n. 投影	8ion n.交通	
	7	9lya d. 永久地	10ly ad. 最初地	
Practice	4			HIT

 Keys:
 1. 签名
 2. 特色的
 3. 开端
 4. 黎明
 5. 曙光

 6. 被理解
 7. 适应
 8. 容纳
 9. 提供

Practice **(**

- **Keys:** 1. be accustomed to
- 2. spread to
- 5 a decade o
- 3. be split into

4. accommodate

5. a decade of

Practice **G**

Suggested keys:

- 好莱坞环球影城是历史最悠久、最著名且仍在运营的好莱坞电影制片厂 之一,它是为了给游客提供参观真正的环球影城摄影棚和场景而建立 的。可分为两个区域:上园区和下园区。大多数景点对身高都有要求, 并且强烈建议小孩有监护人陪伴。
- 好莱坞环球影城附近公共交通便利,乘坐地铁红线即可到达。周一至周 四以及周日或假日,请关注末班车驶离车站的时间,一旦错过,你将不 能返回洛杉矶市区。但是,周五和周六的班车时间不同,其驶离时间为 凌晨2点,此外,乘客还可以直接乘坐地铁巴士到达主题公园入口处。

Practice 🕖

- **Keys:** 1. 'Shaw's work spirit is often regarded as the main reason for his success.
 - 2. For much of his life, he worked 16hours a day.
 - 3. He would watch each film and write the feedback.
 - 4. He would review every story and script line by line.
 - 5. He said his entertainment was the same as his job, such as watching movies.
 - 6. Before the age of 80, he would view 600-700 films every year.

Practice 🚯



August 12, 2014

Dear Emily,

Keys:

I feel grateful for your kind help during my stay in America this summer. Touring Universal Studios Hollywood has brought me a very wonderful time and fun especially with you. You treated me with such hospitality that I felt I were at home. And I also heartily 011 Idling Your Spare Time

hope that you will come to Chongqing someday. Thanks!

> Yours faithfully, Aoran

2.

Mr. Wang CEO DEF Media Corp. April 27, 2014

Dear Mr. Wang,

I am writing to enquire whether you would be willing to establish business relations with us. We are one of the producers of film, television and music entertainment in Chinese-speaking world. At present, we are interested in extending our range and scale. I am looking forward to carrying out cooperation with your company. Your early reply will be appreciated.

Yours Sincerely, Li ABC Media Ltd.



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UNIT TWO Idling Your Spare Time

Step Three Workshop Communication



Practice ①

Suggested keys:

movie, assistant director, production manager, scriptwriter, screenplay, recording, sound effects , dubbing, dialogue, subtitle, studio, box-office, cast, film / movie star, leading role, supporting role, guest actor/ actress, television, television program / television show, season, episode, prime-time, trailer, soap opera, TV drama, character, plot, crew, wireless television, satellite television, live, recorded.

Practice **@**

Suggested keys:

As can be seen from the chart, littering is the most common bad behavior that irks movie-goers, which reaches 40%. Loud ringtone is the second kind of bad behavior people hate, reaching 30%, higher than smoking in cinemas and taking up too much space in the chairs, with each reporting 15% and 10% respectively. Moreover, some people bring their noisy children to the cinema, which is also bad behavior annoying others and almost takes 5%.



Since we know these bad phenomena, why don't we think about the reasons? Strictly speaking, lacking of public consciousness is the main reason. Moreover, these people are not concerned with their neighbor, neither do they pay respect for others. Their instinct for being selfish emerges in public places. In conclusion, all the behavior mentioned above may disturb others when they are focusing on movies in cinemas.

To my point of view, there are at least three ways we could avoid these occurring. Firstly, some relevant regulations may be carried out to prevent movie-goers from bringing non-theater food into the video hall. Besides, movie-goers should remember to take their own garbage outside the video hall and throw them into the trash. Secondly, when it comes to loud ringtone, smoking and taking up too much space, I think everyone has responsibility of maintaining order especially in public places. Switch your cell phone to vibrating mode. Do not smoke and take up too much space when watching movies in cinemas. Last but not least, watch out for your children when they are out in public. If all of us behave well, who will complain?

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UNIT TWO

Idling Your Spare Time

Sports Lovers





Vocabulary & Structure Skills Development Workshop Communication



in sports or academics, but not both. You may also consider a child as either a "brain" or a "jock(运动员)." This distinction is often no longer the case. Actually, kids can excel in both sports and academics. Sports and academics often complement each other. Physical activities influence kids in positive ways. By participating in sports, kids not only become healthier, they can also become smarter. According to a survey by *Live Science*, children who participate in youth sports or physical activities would have greater academic performances. Sports are beneficial for a 'child's overall development and academic performances.

Practice **2**

Keys: 1. Football 4. free kick

On television
 red card

3. 250 million

Scripts:

Football is the most popular sport in the world. It is estimated that around 250 million people play regularly while millions more watch the game on television. In the UK, teams such as Manchester United and Chelsea compete in the Premier League. Football has a vocabulary of its own. A game of football is known as a football match. The match kicks off when the referee blows his whistle and the ball is kicked for the first time. The aim of the game is to score more goals than the other team. The referee makes sure that both teams play by the rules. If the ball goes out of the sides of the pitch, he gives a throw in. If the ball leaves the end of the pitch, a corner is given. When a player commits a foul, the referee may give the other team a free kick or even a penalty. In extreme cases, the referee may send off a player by giving him a red card.

Practice 🕄

Keys:

- Good manners are important in all countries, but ways of expressing good manners are different from country to country.
 - 2. Traveling can teach us a variety of knowledge, which is a kind of education.
 - 3. I need many items to be ready for a safe and enjoyable hike.
 - 4. Colors and shapes play an important role in representing



Practice 🚯

Keys:

1.

China Agricultural Machinery Import and
Export Joint CompanyWU Bin CEOAdd: NO. 178 Guang'anmenwai Main Street.
Xicheng District, Beijing, 100055Tel (010) 623758XXFax: (010) 623777XX
E-mail: Wbin@126.com

2.

Malaysia Airline

Lily Johns Business Manager

Add: 23/F, Central Tower, 28 Queen's Road Central, Hong Kong, 53277 Tel: (852) 2916 0066 Fax: (852)2523 8981 Website: maslily@netvigator.com



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Step Three Workshop Communication



Practice **①**

UNIT THREE

Sports Lovers

020

Suggested keys:

sports items:	basketball, soccer, badminton, baseball, volley ball,
sports events:	weightlifting, fencing, diving, gymnastics, boxing
	Winter Olympic Games, FIFA World Cup, World
	Championship, National Basketball Association Game,
	Marathon
sports teams:	team member, captain, team uniform, teamwork,
	cheering squad

Practice **@**

Suggested keys:

As we can see from the chart, nowadays most college students think taking exercise is important and like to do exercise. There are 15.25% college students taking exercise every day. 35.59% of them take exercise two times a week, and 25.42% students do exercise two or three times a month. However, there are still some college students seldom attending exercise activities. Those who seldom take exercise in a semester take up 20.34% of all. The rest proportion takes up 3.39%.

I think there exist several reasons which can result in the phenomena. To start with, there are a few college students taking exercise every day thanks to their interest in sports but the percentage is not satisfying. More college students have not formed the habit of doing sports in their early years. They don't like taking exercise activities in their spare time. Secondly, many college students seldom take part in sports activities because they believe it will waste much of their time and their study will be influenced. What's more, there are also a number of college students born with being very lazy, and they would rather play computer games or just sleep in dormitory than walk out to do some aerobics. Indeed, it is unwise to keep distance from taking exercise because exercise can benefit us in many ways.

In my point of view, we can benefit a lot from doing moderate sports if time permits. Firstly, participation in sports will build up people's self-confidence, which is an important part of emotional development. Secondly, taking part in team and individual sports is a great way to get in shape and help prevent serious illnesses. Thirdly, taking exercise will help people cooperate and communicate with each other. Such comprehensive social skills as communicating, sharing and empathizing can be improved in the process of doing sports especially with a team. In conclusion, it is a stupid choice to be away from taking exercise.

021

Sports Lovers

Art and Music Addicts





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Step	One
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neVocabulary & StructurevoSkills DevelopmentvreeWorkshop Communication

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Practice ①

Keys:	1. D	2. D	3. B	4. C	5. B
	6. D	7. C	8. A	9. B	10. B
	11. A	12. D	13. B	14. D	15. B

Practice **@**

arriage 2.	Unemployed	3.	Popularize
rowing 5.	Talented	6.	preference
orious 8.	confidence	9.	Dancing
resentation 11.	was created	12.	Unforgettable
creasingly 14.	Known	15.	to imitate
	rowing 5. orious 8. resentation 11.	rowing 5. Talented	rowing5. Talented6.orious8. confidence9.resentation11. was created12.

Step Two Skills Development

Practice ()

Keys:1. competition2. employed4. followed5. led to

3. international

Scripts:

"Pop Idol" is a <u>British television</u> music competition. It was shown on <u>Independent</u> Television from 2001 to 2003, which intended to decide the best new young <u>pop</u> singer in the UK. The program employed several judges to select singers and then also interacted by telephone voting by the audience. After two series held in 2001–2002 and in 2003 respectively, the show has become an international TV program and many television networks from other countries followed its style. With the growing popularity, a heated dispute arose with the makers of <u>the</u> program, which eventually led to the word "Pop" being thrown away from the title.

Practice **@**

1. London 2. 1824 4. 10 a.m. to 9 p.m. 3. the North Wing

5. Bus No. 8

Scripts:

Keys:

Kevs:

The National Gallery is an art museum in London. Founded in 1824, it houses a collection of over 2,300 paintings dating from the mid-13th century to 1900. Paintings are exhibited in different sections according to the time when they were created, for instance, the 16thcentury paintings are exhibited in the West Wing while the 17th-century paintings in the North Wing. The Gallery is open on working days from 10 a.m. to 6 p.m. and on weekends it is open from 10 a.m. to 9 p.m. The Gallery is free of charge, but you need to pay for some special exhibitions. Visitors can take Bus No. 8 and get off at Leicester Square, then walk straight for 3 minutes. There is the National Gallery on your right side.

Practice 🕄

1. They are very different in their ways of life.

- 2. Music can impact directly on people's moods and behavior.
- 3. The human body is not designed to stay in space over an extended period.
- 4. Technology is transforming cars.
- 5. Many musicians and artists have seen beauty and meaning in the wasteland of the factory.

Practice **4**

Keys: 1. 迈克尔·杰克逊在他的专辑"颤栗"中创作了"太空步"。

2. 难怪观众一看见现代舞者就联想到伊莎多拉·邓肯。

- 3. 2009年6月, 杰克逊因为心脏病发作被送往医院进行手术。
- 4. 仔细比较现代舞和街舞,差别就会显现出来。
- 5. 我总认为她跳舞比我跳得好。
- 6. 坚持情感和动作的协调一直是邓肯舞蹈的基石。
- 7. 邓肯拒绝随波逐流,这影响了很多未来的舞者。
- 8. 获奖者被问及他是否曾想过自己有可能会获得格莱美奖。
- 9. 自那以后,粉丝们特别注意他变得越来越奇怪的行为和面容。

4. went into heavy debt

025

Art and Music Addicts

10. 这个小男孩经常拜访这位画家,他一定很热爱绘画。

Practice **(**

- Keys:1. arise2. seek the connection
 - 3. on his own
 - 5. suffered from

Practice **G**

Suggested keys:

- 迈克尔·杰克逊获得巨大成功的同时,他也成为一个颇有争议的人物。 他的行为越来越让人费解,脸部接受过多次整形手术,之后他的行为和 说话方式也变得越来越幼稚可笑。观众继而开始关注他身体的动作,迈 克尔·杰克逊身着黑色紧身九分裤,脚配白色袜子,手带闪闪发光的 白色水晶手套,既可像机器人一样僵硬死板,又可以像水一样轻柔, 当他在做令人震撼的"太空步"舞步表演时,人们似乎感觉到他在空 中往后退。
- 一直以来,他的专辑《颤栗》不仅最为畅销,而且还获得了8次格莱 美奖,7次全美音乐奖,同时也使一种全新的娱乐形式——音乐电视 (MV)流行起来。杰克逊还在加利福尼亚州购买了很大一块地,并沿 用儿童小说《彼得潘》将它命名为梦幻岛,他在这块地上建了一个私人 游乐园、动物园以及一个大型的电影院。

Practice 🕖

- Keys: 1. Developing an overall understanding of art is not difficult.
 - 2. The first step is to make out whether it attracts you.

- 3. After that, ask yourself "what is the subject of the painting?".
- 4. Be patient to focus on the symbol the work tells you.
- 5. The last consideration is its style, the different creativities of the artist.
- 6. To sum up, subject, symbol and style can help you read art.

Practice 🕑

UNIT FOUR

Art and Music Addicts

026

Keys: 1.

Date: Fri. May 9, 2013 11: 15: 17

From: Kearny <kny@hotmail.com>

To: Benson<bsn@hotmail.com.>

Subject: Congratulations

Dear Benson,

I am writing to congratulate you on your success in *International Championships* held in Great Britain. You deserved the award after so many years' hard working. I also believe you will make greater efforts to be a more excellent dancer in the future. Please accept my sincere congratulations!

Yours faithfully, Kearny

2.

Date: Fri. May 2, 2013 11: 15: 17 From: Anita <anta@hotmail.com> To: Elvis <evis@hotmail.com>

Subject: Inquiry of Requirements

Dear Elvin,

I'm so interested in your program "The Voice" that I always dream of becoming a competitor on your stage. But I'm not sure if I am qualified for the show. Could you please give me a detailed description of the requirements for competitors? Many thanks for your assistance.

Yours faithfully, Anita

Step Three Workshop Communication



Practice ①

Suggested keys:	
dance:	belly dance, disco, breaking , foxtrot,
	modern dance, waltz, tango, tap, hip-hop,
	Latin dance, folk dance, samba.
fine arts:	three-dimensional painting, mural,
	cartoon, oil painting, Chinese painting,
	sketch, watercolor, landscape.
music:	Gospel, folk, classical music, hip-hop, rap,
	rock, jazz, R&B, country music.
musical instruments:	piano, electronic keyboard, viola, cello,
	violin, guitar, drum, bass, flute, trumpet,
	saxophone, harp.

Practice **@**

Suggested keys:



1. As is obviously showed in the above pie diagram, hip-hop is the most popular with the college students in 2013. Almost half of the students interviewed prefer it to any other forms of dances. However, the rest three forms of dances seem to be less popular. Among the dances, 25% of the students would choose tap and 19% choose fork dance. The lowest percentage is tango, which is the choice of 15% students.

2. Some reasons may account for their preference. Firstly, hip-hop is a good way to relax and amuse themselves by hugely reducing their stress. The young students in modern society are facing great pressure, and its freestyle in nature just gives the dancers freedom to move as what they like. Secondly, this special type of dance is fashionable and 027 Art and Music Addicts efficient to make them stronger and healthier. Continuous dancing in this way can tone their muscles as well as enhance their flexibility. Finally, it encourages each dancer to give their best regardless of others' judgments.

UNIT FOUR

Art and Music Addicts

028

3. From the above we can come to the conclusion that hip-hop is a good way to spend our spare time at college because it can bring us more than entertainment. It also offers the opportunity to make many friends and a totally view to explore the colorful world. For those who would rather stay in dormitory surfing the internet for a whole day, it's high time that they should escape from computers and enjoy the happiness which hip-hop brings us. So just dance like no one's watching!

UNIT FIVE

Covering Roads



StepOneVocaTwoSkillThreeWor

Vocabulary & Structure Skills Development e Workshop Communication

TU I



customs of a country. Obviously, the locals will get mad at you and you'll be giving them a bad (or even worse) impression. Get to know the customs of the land and then do your best to abide by them. Also, treat everyone you meet with great respect. People who see that you are respecting them and their traditions are more likely to offer you a hand if you need assistance during your trip. You'll have a much better time if you show people the attitude they deserve. So, remember to dress properly for the region, act courteously and just don't make a fool out of yourself on the trip.

Practice 🕑

Keys:1. Qingdao2. Bathing3. colorful shells4. delicious5. beautiful and interesting

Scripts:

Last summer vacation, my family and I went to Qingdao by train. There was always sunshine and fresh air, which made us so comfortable. We went to the seaside. The sea was as blue as the sky. Bathing in the sunshine on the beach was really enjoyable. I also picked up a lot of colorful shells with my little sister. We bought many interesting souvenirs, and I was planning to send them to my friends. We tasted many foods there, such as fish, prawn, and so on. They are very delicious. Then we lived in a clean and tidy hotel, and the price was not so expensive. I like Qingdao very much because it is such a beautiful and interesting place.

Practice 🕑

Suggested keys:

Paragraph 1:	Make a better preparation for your travel in advance
	which will save you much inconvenience.
Paragraph 2:	As you prepare for your winter vacation, give yourself
	more time than usual.
Paragraph 3:	Pack your baggage as light as possible for your holiday travel.
Paragraph 4:	When you travel in winter, watch out for influenza.
Paragraph 5:	Stretch your legs and arms often when you are on long
	flights.



- 5. The wall safes can be useful for tourists.
- 6. They can make use of whatever security measures when it comes to their personal things.

Practice ③ Keys: 1. December 18, 2014 Dear Mr. Smith, I would like to apply for marriage leave from January 22nd to January 31st. My wife and I intend to go to Hawaii for our honeymoon. Your approval will be appreciated. Yours sincerely, Zhang Yi

2.

November 20, 2014

033

Covering Roads

Professor Zhang,

I couldn't attend your lecture today due to a bad cold. I am writing to ask for two days leave with the medical certificate from the doctor enclosed.

I feel grateful for your being considerate.

Yours respectfully, Li Yun



Step Three Workshop Communication



Practice **①**

UNIT FIVE

Covering Roads

034

Suggested keys:

Grand Tour, road trip, overland travel, the Grand Canyon, Niagara Falls, Buckingham Palace, Louvre Museum, The Great Hall of the People, The Forbidden City, the Temple of Heaven, The Summer Palace, Suzhou Gardens, Terra Cotta Warriors, coach, plane, taxi/ cab, underground/ subway, train, hiking ,horse riding, rock climbing, guided tour, camping, water-skiing, scuba diving , parachuting, sleeping bag, torch / flashlight, raincoat, walking boots, compass.

Practice **@**

Suggested keys:

The diagram shows us the number of visitors visiting the three museums in London in the summer of 2013. There are the most visitors going to the British museum from June to September. The number fluctuates between 500,000 and 750,000. While the Science Museum and the Natural History Museum received fewer visitors. The number of people who visited the Science Museum dropped gradually from 400,000 to 300,000 from June to August then rose to 450,000 in September. We can see that the trend for the Natural History Museum remains stable. There was a sharp drop in visitors from June to July. The number remains stable in August and then increased steadily in September.

Generally speaking, the diagram reveals an upward trend of the tourism in Britain. The reasons are as follows. To start with, people are increasingly aware of what travel means to them. Meanwhile, the increased income and convenient traffic have been prompting large number of residents to go on an overseas journey. Furthermore, the government's positive attitude towards tourism, which in turn encourages the fulfillment of the infrastructure, also contributes to the prosperity.

Moreover, people who go abroad are usually in a position to experience the exotic cultures and unique scenery in the region. Thus, they are sure to visit some famous scenic spots and the three museums have long been renowned, which will definitely help them attract a great number of visitors. What's more, museum is a contacted world of the local history, culture and customs. Travelers who visit the British Museum can have a glimpse of the world's most precious relics while the visitors to the Natural History Museum are able to get a vivid impression on the natural development. Therefore, the British Museum received the highest number of visitors.

In conclusion, the prosperity of tourism is beneficial both financially and culturally. There is no doubt that the consumption could bring tremendous profits to service industry, such as hotels, restaurants, traffics and etc. Consequently, the whole industry expands and develops, employments increases, which in turn results in a surplus of the currency and rise of the economy. On the other hand, overseas tours offer an opportunity for intercultural communication.

035

Covering Roads

Satisfying Your Tastes





Vocabulary & StructureSkills DevelopmentWorkshop Communication


food in the world. You could spend a whole lifetime eating a different dish every day. My taste in food keeps changing. Sometimes my favorite is a dessert, but then I change my mind and go for a spicy curry. It's great that countries have so many different dishes. Do you think your national dish is the best? Nowadays we have to be careful about what we eat. Fast food is not good for us. We need to focus more on healthy food.

Practice **@**

Keys: 1. Fish

4. Raw tuna

A whole morning 3. *"Finding Nemo"* Asushi restaurant

Scripts:

Keys:

I think fish are one of the most interesting creatures on the planet. They are absolutely fascinating. I love their different shapes, colors, social behavior, everything. I can watch tropical fish in my aquarium for hours. Even the tiny little fish are so beautiful. When I go to the city aquarium, I can spend a whole morning or afternoon looking at the fish. I don't have a favorite fish. I must confess that after watching the movie *"Finding Nemo"* I do now like clownfish. As well as looking at fish, I also love eating them. Tuna is my favorite, especially raw tuna. When I visit Japan, the first thing I do is to go to a sushi restaurant. Raw fish is so much tastier than cooked fish. And it is probably a lot healthier.

Practice 🕄

- Keys: 1. everyday (green) foods
 - 2. carefully selected (amber) foods
 - 3. occasionally (red) foods

Practice ()

1. 如果你被邀请去美国人家里做客,你会感受到美国人特有的殷 情好客。

- 2. 客人很快发现经理与侍者说得不同。
- 3. 让我们去一个安静的地方吧!
- 4. 侍者的社会地位远不及厨师高。
- 5. 那个餐厅供应的食物不干净,因而受到了应有的惩罚。
- 6. 经理问这位厨师是否曾经出国。

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- 7. 请把他的比萨按上面的地址派送。
- 8. 附近的食品厂受到严重的污染。
- 9. 虽然她童年挨过饿,但她现在过着幸福的生活。
- 10. 咖啡厅在三楼,请坐上行的电梯。

Practice **6**

- Keys: 1. has devoted ... to 2. relax yourself
 - 3. making efforts 4. differs from
 - 5. assemble ... with

Practice ⁽⁶⁾

Suggested keys:

- 中国是筷子的故乡。在中国,筷子文化有着悠久的历史。使用筷子作为 餐具的传统已经被引入到世界许多国家,如越南、朝鲜和韩国。筷子的 发明反映了中国古代人们的智慧。
- 西餐中的开胃菜一般是蔬菜沙拉或汤。典型的汤有奶油蘑菇汤、墨西哥 辣椒牛肉汤、法式洋葱汤等。最典型的主菜是里脊牛肉、鸡或鱼。吃完 主菜之后,上来甜品,甜品可以是冰淇淋、蛋糕、水果或酥皮糕点。餐 桌收拾完毕后,服务员会奉上咖啡,这通常是西餐的最后一道菜,与中 餐文化大不相同。

Practice 🕖

- **Keys:** 1. Americans always like hamburgers, French fries and cola drinks.
 - 2. In fact, American cooking is colorful, varied and nutritious.
 - 3. If you are interested in American dishes, you can discover hearty soups, succulent roasts and tasty desserts.
 - 4. American dishes are a blend of many ingredients, like America itself.
 - 5. If you'd like to enjoy the real flavor, you'd better explore the whole US.

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Satisfying Your Tastes



Notice

March 5, 2014

A food festival will be held on the playground of college on Tuesday, from 2:00 pm to 5:00 pm. March 5, 2014 where you will try all kinds of exotic dishes made by our foreign teachers and students. The festival also boasts free outdoor yoga, food lectures, health and natural products donated by vendors. You will experience a lot and have a wonderful time.

Welcome All!

The Labor Union

2.

Notice

May 28, 2014

The canteen of our company will be off from this Friday afternoon till next Tuesday morning due to the Dragon Boat Festival holiday. Please keep all informed.

Wish everyone a happy Dragon Boat Festival!

The Administration Office





Practice ①

Suggested keys:

meat, beef, veal, lamb, sirloin, steak, chop, stew, roast, pork, ham,

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UNIT SIX Satisfying Your Tastes bacon, sausage, cold meats, chicken, turkey, duck, fish vegetables, dried legumes, chips, mashed potatoes, pasta ,noodles, bread, slice of bread, soup, milk, cheese, butter, boiled eggs, soft-boiled eggs, hard-boiled eggs, fried eggs, poached eggs, scrambled eggs ,omelet, fruit, ice cream, biscuits, cake, spices, salt, sauce, oil, salad oil, pepper, vinegar, mustard, clove.

Practice **@**

Suggested keys:

The pie chart shows us that the types of fast food that the teenagers prefer in the USA. In general, more teenagers prefer hamburgers, pizza and French fries among which hamburgers are the most popular food as they account for the largest proportion of all, taking up 33 percent. Pizza is the second most popular fast food, and this makes up 26 percent of the total survey. There are also many teenagers loving to eat French fries, which represent 22 percent of all surveyed. Only 9 and 7 percent of teenagers choose fried chicken and tacos respectively so they are less popular than the former ones. The least popular fast food in this survey is sushi. Only 3 percent of teenagers prefer this kind of food.

041

Satisfying Your Tastes

Why do teenagers in America love fast food so much? Firstly, they feel fast food tastes and smells much more delicious than some healthy food, which leads to their interest in fast food. Secondly, it is very convenient to prepare and carry. In addition, they don't take long to eat. Thirdly, fast food is much cheaper.

All in all, eating fast food is unhealthy for teenagers. They are growing up and they need more nutritious food. Making their food healthy and varied might be the best solutions to avoid teenagers eating too much fast food. If children eat fast food successively in their teens, they will be more likely to become obese and probably they will suffer from many diseases caused by being obese. So moderate fast food in their diet should be appreciated.



Sharing Festival Fun



Step

OneVocabulary & StructureTwoSkills DevelopmentThreeWorkshop Communication

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Scripts:

Thanksgiving Day is a national holiday celebrated in the United States. It is on the fourth Thursday of November. On that day, American people always give thanks for God's blessings during the year. Thanksgiving Day is usually a family reunion day. Family members always travela long distance to spend this holiday at home together. Preparing and eating a large meal is a central part of most Thanksgiving celebrations. Turkey, pumpkin pie and Indian pudding are traditional food. After the holiday meal, many people choose to watch American football games on television. Because of the high viewer ship, American football has been regarded as another American Thanksgiving tradition.

Practice **2**

UNIT SEVEN

Sharing Festival Fun

044

Keys:1. A chance2. family reunion3. For fun4. pay a visit5. Chinatowns

Scripts:

Every nation has its own festivals. Those festivals give people a chance to enjoy themselves. The Spring Festival is the major holiday in China and Christmas is the most important in the western world.

On the one hand, the Spring Festival and Christmas have much in common. Both are prepared beforehand to create a happy atmosphere and both include a family reunion with a big feast. On the other hand, the two are different in some respects. The Chinese Spring Festival has no religious background while Christmas has something to do with God. Besides, the Chinese pay a visit to each other for greeting while the Westerners send each other Christmas cards.

Nowadays, many Chinese begin to celebrate Christmas, and Westerners go to Chinatowns to enjoy Spring Festival activities there, perhaps for fun and out of curiosity.

5. 快乐

Practice 🚯

Suggested Keys:

- 1. 舞狮表演 2. 成本
- 4. 节后综合症
- 7. 数据安全保护 8. 租金
- 10. 宗教节日; 宗教节庆时间
- 3. 林肯纪念日
- 6. 物理
- 9. 复活节游行

Practice **(**

Suggested keys:

- 1. 他的吼声吓住了每一个人。
- 2. 提供24小时服务是这家商店的独到之处。
- 3. 他给我的印象是一个有责任感的人。
- 4. 他身上有香水的味道。
- 5. 粗心大意是错误的原因。
- 6. 自由女神是美国的象征。
- 7. 改革开放政策受到了全中国人民的拥护
- 8. 他是一个实验中心的主任。
- 9. 要获得成功,你应该找到工作的动力。
- 10. 我们必须以经济建设为中心。

Practice **(**

- **Keys:** 1. come up with
- 2. Paying respect to

045

Sharing Festival Fur

- 3. in honor of 4. was supposed to
- 5. was involved in

Practice **G**

Suggested keys:

- 2月14日是情人节,这个节日源于一个叫圣瓦伦丁的人。他是一位神 父,生活在公元三世纪时期的罗马。那时的罗马皇帝发现,单身的士兵 比有家眷的士兵更勇敢善战,于是他就阻止所有的年轻士兵结婚。圣瓦 伦丁神父反对罗马皇帝的这种行为,秘密地为年轻的有情人主持婚礼。 神父这一行为被发现后,皇帝就下令处死了他。情人节实际上就是人们 向爱神——圣瓦伦丁表达敬意的日子。
- 白色情人节起源于1977年一次失败的棉花糖推销活动。那年日本糖果协 会急需推销糖果,最好的办法就是创造一个节日。于是,商人们把白色 情人节定义为情人节的"回应日"或者"报答日"。

Practice 🕖

- **Keys:** 1. People are free to go shopping and travelling during holidays.
 - 2. Thus, a new phenomenon has come up which is called the holiday economy.



Step Three Workshop Communication



047

Sharing Festival Fun

Practice ①

Suggested keys:	
Spring Festival:	spring couplet, New Year picture, paper
	cuts, firecrackers, reunion dinner, Chinese
	dumpling, red packet.
Lantern Festival:	lantern display, lantern riddles, temple fair,
	traditional opera, drum dance, rice glue ball.
Tomb-Sweeping Festival:	tomb-sweeping, sacrifice, ancestors,
	incense, Joss paper, condolence, spring
	outing.
Dragon Boat Festival:	Lunar calendar, Zongzi, dragon boat race,
	patriotic poet, the Milo River, realgar wine,
	putilotie poet, the timo tavel, realgar while,
	wormwood.
Double Seventh Festival:	
Double Seventh Festival:	wormwood.
Double Seventh Festival: Mid-Autumn Festival:	wormwood. Cowherd, Weaving Maid, Milky Way, a bridge
	wormwood. Cowherd, Weaving Maid, Milky Way, a bridge of magpies, romance.

Practice **@**

Suggested keys:



As is clearly shown in the chart that great changes have taken place in the way people spent their holidays from 2011 to 2013. The proportion of traveling was increasing rapidly from 27% to 61% while that of staying at home and visiting relatives or friends were decreasing year by year from 39% to 17% and from 28% to 15% respectively, apart from the other ways remaining stable. It's obvious that traveling is replacing other ways as a new trend of spending holidays

There are some reasons which can account for are the phenomena. To begin with, with the development of economy, people earn much more money than they used to, making it possible for them to afford to go traveling. In addition, people are aware of the importance of getting well-informed about the outside world to broaden their horizons. Last but not least, by traveling outside, people get close to nature, which is good for their health. In brief, more and more people tend to travel on holidays not only to relax themselves, but also pursue a high-quality and colorful life.

UNIT SEVEN

Sharing Festival Fun

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As far as I am concerned, I prefer to go traveling rather than stay at home or visit relatives or friends during holidays. For one thing, I am keen on enjoying beautiful scenery and meeting different people. For another, it is widely accepted that the world is becoming a global village. No one could confine himself to his small circle of family or relatives. I have benefited a lot and will benefit even more from traveling during holidays.

UNIT EIGHT

Diverse Cultures





OneVocabulary & StructureTwoSkills DevelopmentThreeWorkshop Communication

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manners are an example. Americans use knives, forks and spoons. They are taught to hold the fork in the left hand and the knife on the right while using the knife to cut their food, then to lay the knife aside and switch the fork to the right hand to eat. Europeans, by contrast, are taught to keep the knife in the right hand and the fork in the left at all times. In addition to the table manners, conversation topics should avoid including a woman's age and weight, people's income and the price they paid for things, and details about one's health, especially regarding bodily functions.

Practice 🕑

Keys:	1.	the cultural differences		Work
	3.	enjoy life 4. 30s	5.	the mall
Scripts:				

Hello, everyone. Today's topic of the lecture is about the cultural differences between Italian and American youths. Although young Italians and young Americans are similar in many aspects, there are also some huge differences, especially when it comes to work, and meeting places. Most American teens have part-time jobs through high school and college. Youths in Italy tend not to. Young Italians like to enjoy life to the full and feel there will be time to work once they become adults. And another huge difference between Italian and American teenagers is the age they finally fly from the family nest to live alone. They will live at home well into their 30s or until they get married. And the meeting places of the countries' teenagers are still different. When going out, Italians teens tend to meet and gather on the streets of their cities or towns. In the United States, one of the biggest meeting places for teens is the mall.

051

Diverse Cultures



Keys:

3. for instance

1. but also

- 5. but
- 7. As a result of
- 9. No matter

- 2. besides
- 4. therefore
- 6. In conclusion
- 8. however
- 10. Obviously

Practice **4**

UNIT EIGHT

Diverse Cultures

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Keys: 1. 一到夏季, 游客(纷纷)涌到加拿大的海滨城市。

2. 速度(快),可靠性(强)是电子计算机的主要优点。

- 3. 物质可以转换成能量,能量也可以(转换成)物质。
- 我们不会后悔,我们从来没有(后悔过),我们将来也不会 (后悔)。
- 5. 这个沙发真是(物)美(价)廉。
- 6. 经理对我们的准备(工作)不满意。
- 7. 我们要帮助这个地区摆脱落后(状况)。
- 我(曾经)是一名中学老师,(那时)我的梦想就是当一名优 秀教师。

4. seek out

- 9. 这个小村庄坐落在苍翠的(群)山之中。
- 10. 毫无疑问, 竞争对手(个个)都很强大。

Practice **6**

- **Keys:** 1. A wide range of 2. In conclusion
 - 3. lead to
 - 5. getting familiar with

Practice 6

Suggested keys:

- 有几种方法可以见识和熟悉不同的文化。其中的一种方法是阅读来自特 定文化作家所写的书。这些作家与某种特定文化有着密不可分的关系, 通过阅读他们的作品,可以使人们真正一瞥该文化的饮食、音乐、语 言、宗教、以及该特定人群的生活方式。
- 如果一个人以某一特定文化群体的地道美食为样本,就可以从中了解不同的文化。他可以寻找那些来自不同国家、能烹饪地道、特色美食的餐厅。无论一个人想要了解更多有关欧洲、美洲、中东、非洲或世界任何其它文化、熟悉它们的食物是朝正确方向迈出的一大步。食物是不同文化的重要组成部分,它使人们能够洞察特定文化群体的生活方式。

Practice 🕖

- Keys: 1. You are living with partners in another country.
 - 2. Talk about your frustrations with just your partners.
 - 3. They will understand why you are more sensitive than

normal.

- 4. If you are alone, communicate with other immigrants.
- 5. Don't talk to the people back home because they will worry.
- 6. Don't complain to the locals for they may not understand.







053

Diverse Cultures

Practice **①**

Suggested keys:

culture, European, Asian, American, African, Latin, bilingual, language, English, Spanish, French, Japanese, Chinese, Korean, immigration, culture shock, discomfort, immigrate, harmony, native, relationship, neighbor, acquaintance, new-comer, classmate, co-worker.

Practice **@**

Suggested keys:

The chart shows us that the percentage of girls and boys who studied a foreign language from 1984 to 2007 respectively in America. The percentage of girls is much more than that of boys. Meanwhile, the number of students in America studying a foreign language was declining rapidly from 1984 to 2007.

I think there are some reasons which can account for the phenomenon. Firstly, The English language is a widely spoken language. Americans don't tend to travel to other countries although many of them have passports. If Americans do travel to other countries, they tend to go to the English-speaking countries, so learning a second language is not needed. Secondly, In American schools, foreign language testing tends to be focused on reading and writing. There is often no immersion learning. Foreign language learning is often a checklist item for college entry and not an item that will get students rejected from college entry. Thirdly, many American seven the less educated Americans have the pride against other languages. Therefore, they don't want to learn a second language and they can't be forced to do it. At last, learning a second language is not usually an advantage in getting a highly-paid job in America. There is often no motivation to learn a foreign language.

From my point of view, as English is widely spoken in the world, it is a world language. To learn a foreign language or not is completely out of one's volition. No one will complain.

UNIT EIGHT