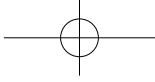


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Unit

1

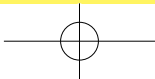
# COLLEGE LIFE

## Section I Leading in Interaction

### Task 1 Pronunciation Practice *Read the sentences aloud.*

1. I am a freshman and my major is International Trade.
2. Our campus is large, clean and beautiful.
3. I have meals in the canteen every day.
4. My college life is very colorful.
5. I get along very well with my roommates.
6. I usually go to the library to do some reading or borrow books there.

### Task 2 Group Discussion *Look at the pictures and discuss the questions.*





# Career Express English



1. What activities do you regularly do in the college?
2. What do you usually do in your dormitory?
3. What kind of Western food does the canteen provide?
4. How often do you go to the library?
5. What is the sport game you like to play with your schoolmates?
6. Where is your favorite place on campus?

## Section II Reading Interaction

### Text College Life

Now we just come back from our summer holidays and are in the beginning of our college life, the extremely important part of a student's life. Through a few years' study, students acquire knowledge and experience here. Many people say that university time is among the best days in their life, but that doesn't mean it is without problems, some of which are listed below:

- **Anxiety**
- Time management
- Money problems
- The need to show oneself

Starting one's university life can be a difficult experience. While most students will agree that they once felt a bit puzzled for a few weeks, the following tips can give some useful **references**:

#### *Managing Anxiety*

Much anxiety is based on false opinions about personal ability, study requirements or the experience of failures. You can manage such

anxiety /æŋg'zaɪəti/

n. 焦虑; 担心

reference /'refrəns/

n. 参考; 参照





## Unit 1 COLLEGE LIFE



anxiety in a number of ways such as:

- Focus on what you can do and what you will do next.
- Put some time aside to think clearly what is really required.
- Break some whole tasks down into smaller pieces.
- Seek opportunities to study with others.
- Celebrate small successes along the way.

### *Managing Time*

Managing your time is important to your college life. The most important part of successful study is good time management. You feel calmer and more in self-control if your time is planned well, and more confident about meeting your **deadlines**. If you're still having trouble, here are some tips:

There is no ideal length for study time. Much depends on the subject, how smart you are and sometimes simply how fast a reader you are. Maybe it's useful to think about when you can study most efficiently in a day — morning, afternoon or evening. You should make sure that you do the **routine** things in suitable periods of the day so that you can use your best time for doing more important work.

### *Using Money*

Entering college means you are becoming an adult but still getting financial help from your parents. It's very **crucial** to arrange your limited money with reasonable rules given below:

- Write it down — Keep account of every penny.
- Spread your money — If you take out a loan, spread it across a period of time rather than spending it all at once.
- Be **sensible** — Think about your needs for not only today but also tomorrow.
- **Maximize** your income — Firstly, cut your spending on dear items or non-essentials. Secondly, see if you can save on your essential supplies. Thirdly, try to get a part-time or holiday job.

### *Attending Activities*

Getting involved in campus activities is the quickest way to become a part of the college **community**, and to create one's own college experience. Campus community activities are held to encourage each community member to show his or her talents and to respect all members of the community.

deadline /'dedlaɪn/

*n.* 截止日期; 最后期限

routine /ru:'ti:n/

*adj.* 日常的; 常规的

crucial /'kru:ʃiəl,

'kru:ʃəl/ *adj.* 关键性的; 决定性的

sensible /'sensəbl/

*adj.* 明智的; 合理的

maximize /'mæksɪmaɪz/

*v.* 最大化

community

/kə'mju:nɪti/

*n.* 社团



# Career Express English

## Task 3 Reading Comprehension *Read and judge whether the following sentences are True (✓) or False (X).*

1. Starting one's university life may be easy. ( )
2. Most of the students' anxiety at college comes from their study. ( )
3. It is suggested that college students should do their difficult tasks in their best time of the day. ( )
4. If you take out a loan, spend it all at once rather than spreading it across a period of time. ( )
5. The quickest way to become a part of the college community is to attend campus activities. ( )

## Task 4 Vocabulary Expansion *Read and choose the appropriate substitutes for the words underlined.*

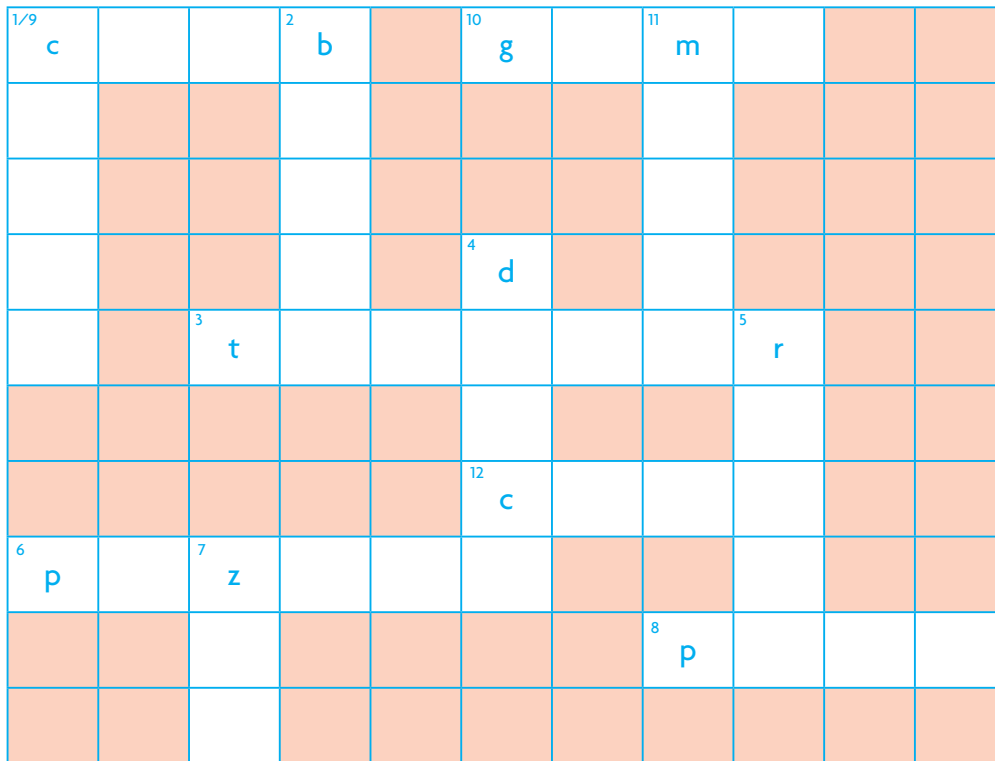
1. I want to see more opportunities for young people.  
A. chances                      B. times                      C. honors                      D. worries
2. We were very astonished to find that her voice was full of anxiety.  
A. happiness                      B. satisfaction                      C. worry                      D. anger
3. I tried to acquire the information I needed.  
A. read                      B. find                      C. search                      D. obtain
4. I'm sure I can manage it myself.  
A. get                      B. control                      C. handle                      D. catch
5. I think this is really the ideal college for me.  
A. perfect                      B. beautiful                      C. clean                      D. terrible
6. He is smart enough to solve this problem.  
A. beautiful                      B. clever                      C. naughty                      D. handsome
7. She is proud that both her children have a talent for music.  
A. skill                      B. ability                      C. feeling                      D. gift
8. Three of them are working extremely well.  
A. too                      B. pretty                      C. almost                      D. partly
9. The success of this experiment is crucial to the project as a whole.  
A. meaningful                      B. difficult                      C. vital                      D. important
10. It is essential for us to know all the facts.  
A. basic                      B. safe                      C. great                      D. necessary



## Unit 1 COLLEGE LIFE



### Task 5 Crossword Puzzle *Read and fill in the blanks.*



#### Down

1. I love playing international **chess** in my spare time.
2. This summer we spent our vacation on the **b**\_\_\_\_\_.
4. Would you like to **d**\_\_\_\_\_ with me?
5. I like listening to music on the **r**\_\_\_\_\_.
7. We can go to the **z**\_\_\_\_\_ to see the animals on the weekend.
11. There's a good **m**\_\_\_\_\_ on show tonight.

#### Across

3. Are we going to see a musical film at the **t**\_\_\_\_\_?
6. I just love to do a crossword **p**\_\_\_\_\_.
8. There are a lot of people in the swimming **p**\_\_\_\_\_.
9. He is a member of our tennis **c**\_\_\_\_\_.
10. I like to play a computer **g**\_\_\_\_\_ with my roommates.
12. Do not play **c**\_\_\_\_\_ on campus.



## Career Express English

### Task 6 Translation *Translate the following sentences into Chinese.*

1. Starting one's university life can be a difficult experience.
2. Much anxiety is based on false opinions about personal ability, study requirements or the experience of failures.
3. Much depends on the subject, how smart you are and sometimes simply how fast a reader you are.
4. It's very crucial to arrange your limited money with reasonable rules given below.
5. Put some time aside to think clearly what is really required.

## Section III Practicing Interaction

### Verb

### Task 7 Read and Choose *Read and choose the appropriate answers.*

1. Look, Peter seems \_\_\_\_\_ something.  
A. to be looking for    B. look for    C. looked for    D. to have looked for
2. The description of her hometown made me \_\_\_\_\_ to see it.  
A. look    B. long    C. search    D. call
3. Every day I have to spend nearly three hours \_\_\_\_\_ my homework.  
A. to do    B. doing    C. do    D. to be doing
4. My computer doesn't work. I must have it \_\_\_\_\_.  
A. repaired    B. to repair    C. repair    D. repairing
5. The man insisted \_\_\_\_\_ finding a taxi for me even though I told him I lived nearby.  
A. over    B. to    C. on    D. in
6. I \_\_\_\_\_ this dictionary for three years.  
A. am having    B. was having    C. have    D. have had
7. I'll never forget \_\_\_\_\_ her dance for the first time in the hall.  
A. seeing    B. to see    C. see    D. seen





## Unit 1 COLLEGE LIFE



8. Everyone \_\_\_\_\_ go through the security check before boarding.  
A. can                      B. may                      C. must                      D. ought
9. She apologized to her teacher for \_\_\_\_\_ the lecture.  
A. being able to attend                      B. not being able to attend  
C. being able not to attend                      D. being not able to attend
10. Mary's doctor suggested that she \_\_\_\_\_ for a few days.  
A. resting                      B. to rest                      C. rests                      D. rest

### Task 8 Read and Complete *Read the passage and fill in the blanks.*

#### *Making Friends in College*

Let's 1 \_\_\_\_\_ (be) honest: 2 \_\_\_\_\_ (make) friends in college can 3 \_\_\_\_\_ (be) difficult. If you are 4 \_\_\_\_\_ (go) to college for the first time, you only know a few people. You have to 5 \_\_\_\_\_ (know) that making friends in college is a challenge. It's going to 6 \_\_\_\_\_ (require) you a little effort. While friendships can happen naturally, it 7 \_\_\_\_\_ (take) some energy to go out and 8 \_\_\_\_\_ (meet) your soon-to-be-friends for the first time. So make yourself step outside of your comfort zone and 9 \_\_\_\_\_ (do) some social activities during the first week. Does this sound meaningless? Should you attend them? Most definitely. So let yourself 10 \_\_\_\_\_ (try) something new.

## Section IV Communicating Interaction

### *Useful Expressions*

1. Ladies and gentlemen, may I have your attention, please? 女士们，先生们，请注意了！
2. be organized by 由...组织
3. be expected to attend 希望...参加
4. warmly welcome 热烈欢迎
5. We inform you that ... 特此告知...



6. We are honored to invite ... to attend ... 我们非常荣幸地邀请...参加...
7. The Christmas Party will be held at ... on ... 圣诞晚会将于...在...举行。
8. There will be a speech offered by ... in ... on ... 由...主讲的演讲将于...在...举行。
9. Looking forward to your coming. 期待光临。
10. Please be on time. 请按时参加。

## Task 9 Read and Answer *Look at the notice and answer the questions.*

Oct 10, 2014

### Notice

A speech on "Education in America" will be offered by Ms. Tang Lin, professor of English, in Room 404 of Foreign Language Department, on Thursday, Oct 14, 2014, at 2:30 p.m. All the first-year students are expected to attend. Teachers are warmly welcome.

The Department Office

1. What's the topic of this speech?
2. Who is the speaker?
3. When will the speech be given?
4. Who are requested to attend?
5. Who is the organizer?

## Task 10 Read and Describe *Read and describe the poster.*

### English Movie

**Film:** Titanic  
**Time:** 7 p.m. Saturday, May 16  
**Place:** The Students' Activity Center  
**Fare:** One Dollar  
**Ticket Office:** The Students' Center



## Unit 1 COLLEGE LIFE



### Useful Sentences

#### Greetings

How is everything going?

一切都好吗?

What's up?

怎么了?

How have you been?

你过得好吗?

How's your college life?

你的大学生活怎么样?

What's new with you?

近来可好?

I'm glad/pleased to know/see/meet you.

非常高兴认识/见到/遇见你。

Haven't seen you for ages/a long time.

很长时间没见你了。

I didn't expect to meet you here!

真没想到会在这碰到你。

I have to tell you why my homework didn't get done.

我必须告诉你我没写作业的原因。

How many courses are you taking this semester?

这学期你修几门课?

How many credits do we need to get the degree?

我们需要多少学分才能拿到学位?

There are a variety of teaching styles at college.

大学里有很多种教学风格。

I think the courses are more challenging than in high school.

我觉得课程比高中课程更具挑战性。

I'm afraid I can't complete my paper on time.

我担心我不能按时完成我的论文。

#### Study

What's your major?

你的专业是什么?

What's going to be covered on the test?

这次考试会考什么?

It took me a while to solve this problem.

我花了一些时间才解出了这道题。

I wonder if I have enough credits.

我不知道我的学分够不够。

I'm worried that I would fail in the test.

我担心考试会不及格。

#### Life

We are both the members of the English club.

我们都是英语俱乐部的成员。

Where is the campus canteen?

学校餐厅在哪里?

Do you know where the library is?

你知道图书馆在哪里吗?

Do you live on or off campus?

你是住校内还是校外?

What kind of house are you living in?

你住在哪一种房子?



## Career Express English

I'm living in a 4-bedroom apartment.

我住一套有4间卧室的公寓。

Do you get along well with your room-mates?

你和室友相处得好吗？

How is your new dormitory?

你的新宿舍怎么样？

Why don't you apply for the student loan?

你为什么 not 申请学生贷款呢？

I work part-time to pay my tuition.

我做兼职来支付我的学费。

I have attended some community service activities on campus.

我参加了学校的一些社区服务活动。

### Task 11 Listen and Match *Listen and match the pictures with the sentences you've heard.*



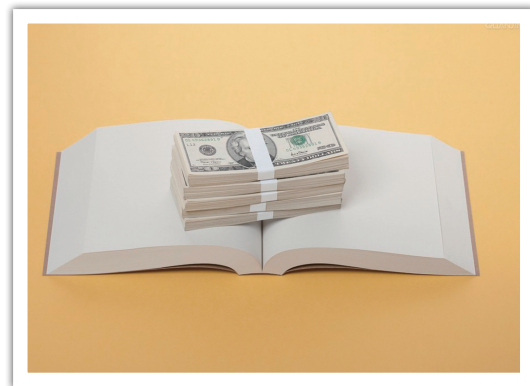
A



B



C



D





## Unit 1 COLLEGE LIFE



E



F

1. ( ) → 2. ( ) → 3. ( ) → 4. ( ) → 5. ( ) → 6. ( )

**Task 12 Listen and Complete** *Listen and fill in the form.*

### The Busy Nights

Time	Mary's Schedule	John's Plan
Monday Evening	finishing 1 _____	taking Mary to a show at the Grand Theater
Tuesday Evening	helping the roommate 2 _____ _____ the apartment	taking Mary out for dinner
Wednesday Night	having a 3 _____	
Thursday Evening	taking Mom out for dinner	taking Mary to 4 _____
Friday Evening	staying 5 _____	taking Mary to a concert

**Task 13 Read and Respond** *Give appropriate responses to the questions.*

Questions	Responses
1 How are you getting along with your college life?	<ul style="list-style-type: none"><li>Great! I like my college life very much.</li><li>My teachers and classmates are very friendly.</li></ul>
2 How are your courses going?	



3	I was wondering if you could help me to get a library card.	
4	Can you tell me something about yourself?	
5	What was your first week like at the university?	
6	What do you think of living in the college dormitory?	
7	What do you do after class?	
8	Tell me what kind of clubs you would like to join.	
9	What do you think of your campus?	
10	Do you do a part-time job?	

**Task 14 Listen and Number** *Listen and sequence the pictures according to the conversation.*

**Conversation 1**



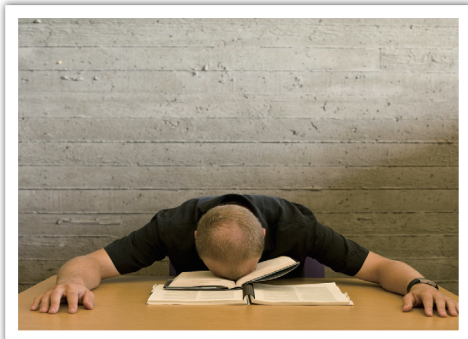
A



B



C



D

( ) → ( ) → ( ) → ( )



## Unit 1 COLLEGE LIFE

### Conversation ②



A



B



C



D

( ) → ( ) → ( ) → ( )

### Task 15 Listen and Complete *Listen to a passage and fill in the blanks.*

#### *Three Ways to Deal with Homesickness*

Being 1\_\_\_\_\_ in college is very 2\_\_\_\_\_. With these three 3\_\_\_\_\_, however, dealing with it can be a little easier.

4\_\_\_\_\_. This may sound like common sense, but it can really help. The key 5\_\_\_\_\_, however, is not to call home all of the time.

6\_\_\_\_\_. Visiting home can be a great way to recharge yourself. But going home too often can make homesickness 7\_\_\_\_\_. Let yourself go home when you need it, but make sure it doesn't turn into an 8\_\_\_\_\_ event.

9\_\_\_\_\_ your room. You didn't go to school to 10\_\_\_\_\_ in your room, right? You never know what might happen, but you do know that it won't happen if you're alone in your room all the time.





# Career Express English

**Task 16 Pair Work** *Work in pairs and make up short conversations after the example.*

## Situation 1

It's Linda's first day at college. She asks Jack how to get to the dormitory.



## Situation 2

Linda is inviting Jack to a dance party on the weekend. Linda tells Jack the time and place.



## Situation 3

Linda wants to apply for membership of the tennis club. Jack explains the rules (opening time and membership fee) to Linda.



## Situation 4

Linda wishes to borrow a novel from the library. Jack explains how to borrow a book, how long it can be kept and when it should be returned.



## Situation 5

Linda is very worried about the coming exam. Jack advises Linda to read the notes and ask the teacher for help.







## Unit 1 COLLEGE LIFE



### Example

#### Situation 1

Linda: Excuse me. I'm new to the campus. Do you know where the student dormitory is?

Jack: Sure! Do you have a map?

Linda: Yes, here it is.

Jack: Let's see — Here's where we are right now. To get to the dormitory, you'll need to cross this square and go south.

Linda: OK.

Jack: And then the dormitory is about five hundred yards past the library, on your left. You'll see a sign in front of the building.

Linda: No wonder I got lost. I was heading in the wrong direction! Anyway, thanks a lot for your information.

Jack: No problem. Good luck!

### Task 17 Listen and Choose *Listen and choose the right sentences.*

#### Conversation 1

Bob: Hey. Are you interested in buying some used books for school? **1**\_\_\_\_\_

Janet: Well, what do you have?

Bob: I have a science book called *Today's World*, and **2**\_\_\_\_\_

Janet: Thirty? That's a little too expensive for an old book like that.

Bob: Maybe that's true, but I bought it for sixty. Plus, **3**\_\_\_\_\_ that should help you with your class if you could read them.

Janet: **4**\_\_\_\_\_

Bob: OK, I have an English writing textbook for fourteen dollars, a math book for twenty-three, and a novel for only seven dollars.

Janet: I'll take the English book and the novel. **5**\_\_\_\_\_

A. I'm selling it for thirty dollars.

B. What else do you have?

C. I need both of those for sure.

D. I wrote a lot of notes in the book

E. You can really save some money that way.



# Career Express English

## Conversation 2

Stuart: Amy, 6\_\_\_\_\_

Amy: Hi, Stuart. I'm very busy these days. When I'm not at school, I'm at work.

Stuart: Hey, listen. I'm getting together with a few of our friends. And, we're going out to eat and then watch a movie. 7\_\_\_\_\_

Amy: I'd love to, but 8\_\_\_\_\_

Stuart: Come on. We plan to have dinner around 6:30 and then see a movie at 7:30.

Amy: I'd better stay at home. 9\_\_\_\_\_

Stuart: Yeah, because you study too much. Relax. And it's Sara's birthday, too. And we're holding a small birthday party after the movie.

Amy: You are probably right. I should relax a bit.

Stuart: Great. 10\_\_\_\_\_

A. I have to study hard for a test tomorrow.

B. I'll pick you up at 6:00.

C. I haven't been feeling well lately.

D. how are you doing?

E. Why don't you come with us?

## Task 18 Group Work Work in groups and give your opinion.

### Study Plan in New Semester

### Reference Words

freshman

semester

tutor

quiz

score

lecture

assignment

scholarship

credit

major



## Unit 1 COLLEGE LIFE

### Section V Amusement

**Try your best to get the following tongue twisters right.**

1. A tutor who tooted a flute tried to tutor two tooters to toot. Said the two to their tutor, "Is it harder to toot or to tutor two tooters to toot?"
2. Charlene keeps the chalk sharp. As she sharpens the chalk, the chalk gets short. So she keeps a "sharp chalk chart" to show when to change the chalk.